

1 **Salvador Gaytan:** Welcome to SmileTalk, an entertaining and informative talk show,
2 featuring the latest news and developments in dentistry, as well as
3 other interesting topics. I'm Salvador Gaytan, and I'm here with...?
4
5 **Dr. John Chao:** Dr. John Chao, hi everybody. We look forward to a great show,
6 stay tuned.
7
8 **Salvador Gaytan:** Fantastic. And Dr. John, we have our two special guests for our
9 last segment, Cierra Gaytan-Leach and Noel Gaytan.
10
11 **Cierra:** Hello.
12
13 **Salvador Gaytan:** How are you doing?
14
15 **Noel:** Hi, good people.
16
17 **Salvador Gaytan:** Absolutely, and Noel is my sister, and Cierra is my niece. We're
18 going to talk about -- they're also patients of yours, Dr. John.
19
20 **Dr. John Chao:** Yes, they've been wonderful patients.
21
22 **Salvador Gaytan:** And we're going to talk about things that you've done for Noel,
23 Noel's case, because Noel has been -- we've talked about Dr. John,
24 she's been a big chicken of the dentist, and you've helped her with
25 that.
26
27 **Dr. John Chao:** Yes, but she's not at all the worst, but she's come a long ways.
28
29 **Salvador Gaytan:** Not the worst, baby chicken, little chicken? Cierra has...
30
31 **Dr. John Chao:** It's okay to be chicken in my office. It's okay.
32
33 **Salvador Gaytan:** That's right, because you like chicken.
34
35 **Noel:** They welcome chickens.
36
37 **Salvador Gaytan:** That's right.
38
39 **Dr. John Chao:** Yeah, the bigger the better. We love chickens.
40
41 **Salvador Gaytan:** And you've done some things for Cierra we're going to talk about.
42 Cierra has not been a chicken, has she?
43
44 **Dr. John Chao:** No, Cierra has been great.
45

46 **Salvador Gaytan:** Excellent, we'll just wait till you give her a good shot like you gave
47 me one, we'll see if she's still a chicken. Okay, well, Dr. John,
48 we're going to start. We're not going to do a Rapid Fire Five,
49 because we have so much information to cover with our special
50 guests for our last segment. And let's get into Noel's case, which
51 has been quite extensive. Now, where do we start, Dr. John?
52

53 **Dr. John Chao:** Well, she started with me many, many years ago when she was
54 about Cierra's age, maybe younger, but go ahead Noel, tell me
55 what you experienced.
56

57 **Noel:** Well, I really didn't like anybody working in my mouth, period,
58 because I did have a lot of cavities. So, that was a hard obstacle for
59 me to get over as I got older. And finally it was really taking that
60 first step and going in to John, made it easier, Dr. John, because I
61 knew him.
62

63 And then, going through the first experience, and as an adult,
64 dental experience and realizing that that was good, I didn't have
65 any pain afterwards, I didn't have any pain during. It went very
66 smooth for me.
67

68 So, I had a positive experience. Everybody was very pleasant to
69 me in the office, and I was ready to go again. So, I had a lot of
70 work to be done. You took out also all my fillings that were silver,
71 and we put those to white.
72

73 **Dr. John Chao:** I remember that, yeah.
74

75 **Noel:** So, that was a lot of work too, but just having such a positive
76 experience, anybody out there who is a chicken, even for
77 something small, because I wasn't going in for major problems, but
78 what I did go in for, I was still afraid. So, to overcome that fear
79 was really good for me.
80

81 **Salvador Gaytan:** Let's see you flap your feathers, go ahead.
82

83 **Dr. John Chao:** Well, she doesn't have anymore.
84

85 **Salvador Gaytan:** No more feathers, you got them all?
86

87 **Dr. John Chao:** She's not a chicken anymore. But you know what you just said is
88 very illustrative of what we teach at USC Dental School. We teach
89 our student doctors to communicate to the patient that fear of
90 dentistry is not something that you're born with.
91

92 It took experiences of different kinds to produce that anxiety that's
93 associated with dentistry, but this anxiety can be overcome by
94 substitution, by giving you a new experience. You can talk
95 yourself blue in the face, but until that patient experiences
96 something that's pleasant, that anxiety will always be there.
97
98 But as new experiences come up, even with the first one,
99 especially the first one, it's painless, it's comfortable, all of a
100 sudden the anxiety level drops so quickly, because the patient
101 wants to believe that it's over. He wants to believe that with this
102 doctor every thing is going to be fine.
103
104 This is what we spend a lot of time on at USC in our department,
105 it's called the Behavioral Science Department, and we concentrate
106 on the verbal skills, the mannerisms and the technique on how to
107 deal with a patient who has high anxiety. What Noel said is exactly
108 right. It gives you a new experience, and then it will take care of
109 itself.
110
111 **Salvador Gaytan:** And for anyone just tuning in, you're listening to SmileTalk with
112 Dr. John Chao, the friendly dentist from Alhambra Dental. You
113 can reach Dr. John at 626-308-9104 or AlhambraDental.com and
114 right now we're talking with my sister Noel and one of Dr. John's
115 patients about chickens, but it's also important to know that part of
116 that is Dr. John specializes in very difficult dental cases.
117
118 **Dr. John Chao:** Well, this is a show really for information. It's not an infomercial.
119 We'll keep that to a minimum, Sal.
120
121 **Salvador Gaytan:** That's right, Dr. John.
122
123 **Dr. John Chao:** But it's important for the audience to know that there is a way to
124 get around high anxiety, and you just have to find somebody that
125 you're comfortable with, be sure to articulate your anxieties, your
126 concerns to the doctor. One of the things we emphasize a lot is also
127 -- it's not just the doctor who has to do it, it's the whole staff, you
128 the see environment.
129
130 **Noel:** I agree.
131
132 **Dr. John Chao:** The staff has to be there for the patient. There's nothing that can
133 take place of a caring, considerate professional staff. Patients need
134 that.
135
136 **Salvador Gaytan:** So, Noel, tell us what your experience was with Dr. John's staff?
137 You said you agree.

138
139 **Noel:** I think all of them were very professional. They treated me with a
140 lot of respect. And when you are going in, and you are a chicken,
141 you need people to treat you nicely. You need every person to treat
142 you nicely from the time that you walk in to the time that you walk
143 out.
144
145 **Dr. John Chao:** Yeah, and the people have to be nice to begin with. So, I am very
146 fortunate to accumulate staff who has been with me 15, 20 years or
147 more.
148
149 **Salvador Gaytan:** That's a long time.
150
151 **Dr. John Chao:** They're just caring people. They're caring no matter where they go.
152
153 **Salvador Gaytan:** You don't get any nurse ratchets, huh?
154
155 **Dr. John Chao:** No, they're just as sweet as can be, they're always sweet. They
156 have this radar. If somebody is anxious, they just know it, and all
157 of a sudden they have their way of making the patient feel so good,
158 and every day I get compliments on my staff.
159
160 **Salvador Gaytan:** Now, what Noel did -- specifically, what did you have done with
161 Dr. John?
162
163 **Noel:** I had fillings, I had taps, the silver fillings taken off, and what are
164 they called, what's the white, when you replace them with the
165 white fillings?
166
167 **Dr. John Chao:** We have composites, but I think I did a lot of porcelain inlays for
168 you.
169
170 **Noel:** So, he did that, and then I've always had different fillings and
171 cavities that needed to be filled, and then I had my teeth whitening
172 as well. I had a lot of teeth cleaning.
173
174 **Salvador Gaytan:** Teeth cleaning, okay.
175
176 **Noel:** I've had the deep teeth cleaning.
177
178 **Salvador Gaytan:** Now, why is that important for her to have the deep teeth cleaning,
179 Dr. John?
180
181 **Dr. John Chao:** Because of genetic factors, and because of bacterial profile of a
182 person, a gum disease can develop, periodontitis, and when that
183 develops, it needs treatment. One of the ways to treat it is to have

184 the hygienist numb up the gums, and use very fine instruments, go
185 under the gums and remove the deposits underneath called
186 calculus, and when that's done, then the gums can become healthy.
187
188 **Salvador Gaytan:** Excellent, so do your gums feel healthy now, Noel?
189
190 **Noel:** They feel healthier, that's for sure, I'm a work in progress.
191
192 **Salvador Gaytan:** And are you doing your part? Are you doing what Dr. John and his
193 hygienists are telling you, to brush and floss and take care of those
194 choppers?
195
196 **Noel:** I have my dental floss in my purse wherever I go.
197
198 **Salvador Gaytan:** So, do you like hearing that, Dr. John?
199
200 **Dr. John Chao:** Yeah. Dental flossing is addictive, everybody. The more you do it,
201 the more you like to do it. Noel is right, everybody's mouth is a
202 work in progress. It never stops, but it's worth the effort to keep it
203 healthy. Did you know that 99% of the germs that goes into your
204 body, goes through the mouth? If you can keep that healthy, you're
205 way, way ahead in terms of having a healthy system.
206
207 **Salvador Gaytan:** But I want the proof. Cierra, is she doing what she is supposed to
208 be doing in taking care of her choppers? Now you live with her,
209 are you seeing it?
210
211 **Cierra:** Yes, I do, do it, but mom, you're going to back me up on that?
212
213 **Salvador Gaytan:** I'm asking you if you've seen Noel.
214
215 **Noel:** She sees me with my dental floss.
216
217 **Cierra:** Yeah, she does it.
218
219 **Salvador Gaytan:** And Cierra, are you doing your part? You have a beautiful smile,
220 are you [crosstalk] it?
221
222 **Cierra:** I am. I sure am.
223
224 **Salvador Gaytan:** Tell the audience what you're doing, let's have a lowdown.
225
226 **Cierra:** Well, I have a rubber tip. I'm rubber tipping the back of my gums,
227 because I also have gum loss from my braces. And I floss, and I do
228 Water Pik and then mouthwash. I've been trying mouthwash more.
229

230 **Dr. John Chao:** That's kind of the routine we put just about every patient through.
231 Every patient who has any sign of gum disease, they're taught how
232 to floss, how to use Water Pik, how to do all the right things, how
233 to use all the different aids to keep their mouth healthy. So,
234 everybody in the office goes through that.
235
236 And for some reason we're very successful. I think it's the way we
237 talk to our patients and explain things. If the patient understands
238 what's at stake, a lot of times you'll be surprised how compliant
239 they are. We're able to touch that particular part of the patient and
240 have them realize that this is something they need to do for
241 themselves.
242
243 **Salvador Gaytan:** And for anyone just tuning in, you're listening to SmileTalk with
244 Dr. John Chao of Alhambra Dental, the friendly dentist. You can
245 reach Dr. John at 626-308-9104 or at AlhambraDental.com.
246
247 **Dr. John Chao:** Now, Cierra, you mentioned that you have braces, would you tell
248 us your experience?
249
250 **Salvador Gaytan:** She loved them. You loved the braces, right? You didn't want to
251 take them off, isn't that right?
252
253 **Cierra:** No, it's not true.
254
255 **Dr. John Chao:** Well, she was very brave with them. She actually was on Teen
256 Vogue, and she had braces on. She wasn't even self-conscious
257 [crosstalk].
258
259 **Salvador Gaytan:** Did you say Team Vogue or teen?
260
261 **Dr. John Chao:** Teen Vogue.
262
263 **Salvador Gaytan:** Oh, Teen Vogue, yes, I remember something about that.
264
265 **Dr. John Chao:** I'm not talking about a bunch of bullocks or cows, or a bunch of
266 longhorns pulling a car.
267
268 **Salvador Gaytan:** Well, now Cierra, tell us when were you on Teen Vogue, how old
269 were you?
270
271 **Cierra:** When I was 14.
272
273 **Salvador Gaytan:** 14, and you were in it, and who was in it?
274

275 **Cierra:** Me and my doubles partner Taylor, the girl that won the doubles
276 tournament with me in Palm Springs.
277
278 **Salvador Gaytan:** Oh, that was the partner where you won the Easter Bowl?
279
280 **Cierra:** Yes.
281
282 **Salvador Gaytan:** That was your proudest moment, as you've said?
283
284 **Cierra:** That was my proudest moment.
285
286 **Noel:** And they were number one in the nation at that time too. That was
287 part of the reason why they were doing the article.
288
289 **Salvador Gaytan:** They were the number one doubles team for their age?
290
291 **Noel:** In the 16 and unders, when she was 14.
292
293 **Salvador Gaytan:** Fantastic. But you had braces that time, didn't you?
294
295 **Cierra:** Yes, and before I had braces, I had a bite plate too. So, I had a
296 huge process of things I had to do. So, I got my bite plate from Dr.
297 John, and I had that for about six months. And then, once he did
298 his job, I got my braces on.
299
300 **Salvador Gaytan:** And how long did you have your braces on for?
301
302 **Cierra:** About two years.
303
304 **Dr. John Chao:** Hers was a showcase, I want to {hasten} to add. Her case is not
305 totally unusual, because a lot of people have the same problem, but
306 it's not done in the way that we designed it. The way her teeth was
307 set, it forced her chin to go backwards.
308
309 So, it makes her lower jaw look smaller, and it didn't have the ideal
310 facial formation that I knew that she really should have. So, we
311 used a specially designed orthodontic appliance, you can call it a
312 mouth guard, that positions her jaw forward, so that it conforms
313 with her facial profile in a way that's very pleasant and very
314 natural.
315
316 And we left it there for about, actually longer than six months to
317 make sure that -- yeah, I think it was a little longer than that. But
318 that will make sure that that's something that will work for her.
319 Once I've established that, then she was referred to an orthodontist,
320 who knows the kind of approach that I take, he was trained under

321 the same TMJ doctor that I trained under, and he was able to finish
322 her case now without extracting teeth. So, she has a beautiful
323 profile now, that it just cannot be {beaten}.

324
325 So, the advice to the audience is, orthodontic treatment is so
326 important. Be sure that you investigate all the ways orthodontic
327 treatment can be done for your child, and find the best dentist that
328 you can find and do it the right way.

329
330 Don't always look for the cheapest, because you'll only get to do it
331 one time orthodontically. You cannot redo it again in most cases.
332 So, do it right the first time, and find the best one for you and then
333 carry it forth. You will not regret spending the time and the effort
334 to make sure your child's orthodontics is done right.

335
336 And by the way, start early. Don't start too late. You can actually
337 get started, and at least see the orthodontist or your dentist around
338 eight or nine years old. Sometimes we can expand the jaw to
339 accommodate for the teeth that are coming out.

340
341 **Salvador Gaytan:** Fantastic. I'm going to ask you, Noel, a question in a moment
342 about what your hopes and expectations are for Cierra coming up,
343 when she goes to college.

344
345 A little funny story, at least one of my baby contributions to her
346 competitiveness is, I was -- because we were a very competitive
347 family, but I always looked at it this way, you can't let little kids
348 become crybabies, otherwise they become adult crybabies.

349
350 So, it reminds of a funny story when Cierra was about four, five
351 years old, she used to come to my office a lot, and she was really
352 whiny one day for whatever reason, I don't know, finally I said,
353 "You know what, enough of this."

354
355 I made a picture of a person and with little tears, and it said, "No
356 crybabies" at the bottom. I put it on the wall, and I said, "You see
357 that? It says no crybabies in this office." I said go to the office next
358 door, because Noel was in the office next door.

359
360 And so she went, and the next day she came and she looked at my
361 office real sheepishly. She kind of looked at that sign, and she went
362 and she tore it off the wall.

363
364 **Cierra:** That's how I did.

365
366 **Dr. John Chao:** Well, good for you.

367
368 **Noel:** That's my girl.
369
370 **Salvador Gaytan:** I said, "See, so you understand no crybabies," and she just nod her
371 head. And you know what, she was never whiny like that ever
372 again.
373
374 **Dr. John Chao:** I've never seen her being that way.
375
376 **Salvador Gaytan:** You got to nip it in the bud, for parents, you can't let the kids
377 whine too much. They're no crybabies, this is the way it's going to
378 be, as long as they know you love them.
379
380 **Dr. John Chao:** Well, she is very competitive. Now, Noel, don't you have a story
381 about her playing ping pong with her uncle?
382
383 **Noel:** Yes, this was a story that put a smile on my face, as I look back on
384 it, and at the time, was that my daughter Cierra and my brother Sal
385 used to play ping pong when Cierra was about nine years old, and
386 they would -- Cierra would always say, "We have to play for
387 something."
388
389 She would never just play for the love of the game, there always
390 had to be something at stake. So, they would do it, where at the
391 end whoever lost had to go into the kitchen and allow the winner to
392 go into the kitchen, and put whatever they want in the drinking
393 glass.
394
395 It could be mustard, 7up, a mixture of all these different things,
396 and the loser had to drink it, and Cierra almost always lost. My
397 brother would spot her about 11 points, but even so my daughter
398 would lose. She'd go in there and she would drink that concoction
399 with not a very good look on her face at the time.
400
401 But every time they were back to the ping pong table, Cierra would
402 say, "Let's play for the concoction." That story just always -- that
403 puts a smile on my face.
404
405 **Salvador Gaytan:** Let me tell you, those concoctions, one of them, one time she lost,
406 and we went to make it, and she says, "Now, listen uncle, just no
407 hot salsa." Now, you can't say that to me. So, I made the drink, she
408 says, "Now, there's no hot salsa in it." I said, "No, of course not,
409 just a little mustard, olive oil, this, that and the other thing,
410 vinegar."
411

412 So, she drank it and a couple of gulps, and she went, "Oh, my
413 tongue is so hot, you put salsa in it." And you know what I said? I
414 said, "Oh, I thought it said cherry sauce," and it was hot sauce. I
415 don't think she bought it though.
416
417 **Cierra:** No, I didn't.
418
419 **Dr. John Chao:** Talking about spicing drinks, I remember there was this one time,
420 there was a meeting. The audience remember that my father was a
421 Christian minister, and we used to have these meetings every
422 Friday night, and we have it in the back of the house, in the big
423 garage, and then we come back to the front and have punch and
424 dinner and so on.
425
426 So, I was bored, so I left that meeting early. So, I saw this big
427 punch bowl. Big red punch bowl full of punch, and there was this
428 big bottle of hot sauce. So, I emptied the bottle of hot sauce into
429 the punch bowl.
430
431 And then Chester was the first one out of the house, out of the
432 meeting, and he went and got his food and he got a couple of
433 punch. And he ate and drank the punch, and then it got too hot for
434 him. So, he figured it must be the food, so he went and got some
435 more punch.
436
437 And this kind of repeated itself until finally somebody discovered
438 that the punch was spiced. So, I know what Sal did, that was a very
439 unkind thing to do. But when we're young, we do these horrible
440 things.
441
442 **Salvador Gaytan:** We're going to have to report you to the Better Business Bureau,
443 Dr. John.
444
445 **Dr. John Chao:** No, I was properly disciplined for that transgression.
446
447 **Salvador Gaytan:** I'll bet. Now, Noel, I want to get back to the question I mentioned
448 is what are your expectations? Your daughter is going to be
449 leaving in about seven months, eight months for the University of
450 Texas on a tennis scholarship. What are your hopes and dreams for
451 her experience down there?
452
453 **Noel:** I hope she makes a lot of great friendships. I hope she gets a great
454 education, picks a good degree that suits her personality, and that
455 she can win a NCAA division title, whether it's in doubles or
456 singles, and a team. That's what I hope for.
457

458 **Cierra:** That sounds good to me.
459
460 **Salvador Gaytan:** And Cierra, what is it, what are the one or two things, expectations
461 that you have of college in your mind right now?
462
463 **Cierra:** I'm going to be very busy in my freshman year.
464
465 **Salvador Gaytan:** Very busy, and with what?
466
467 **Cierra:** School, tutors, tennis, managing my social life too. It's going to be
468 tough.
469
470 **Salvador Gaytan:** Social life, mom, are you giving her permission for social life?
471
472 **Noel:** No.
473
474 **Cierra:** It's going to be fun.
475
476 **Salvador Gaytan:** Now, on a scale of one to 10, how excited are you to...?
477
478 **Cierra:** A 10+.
479
480 **Salvador Gaytan:** 10+, you want to be a Longhorn, huh?
481
482 **Cierra:** Yeah, I am excited.
483
484 **Salvador Gaytan:** So, was that actually your number one choice?
485
486 **Cierra:** That was my number one choice.
487
488 **Salvador Gaytan:** Wow, you got your number one choice.
489
490 **Cierra:** I did.
491
492 **Salvador Gaytan:** That's amazing.
493
494 **Cierra:** Yeah.
495
496 **Dr. John Chao:** I've gone to college many, many years. I have one bit of advice for
497 you and for anybody going to college. It's something that you don't
498 hear about, it's something that you will only think about after it's
499 all done. Be sure to enjoy every moment of it. There will never be
500 another point in your life where life would be so simple. You have
501 a couple of priorities, play tennis and get good grades, those are the
502 priorities.
503

504 **Salvador Gaytan:** And stay out of trouble with the law, Dr. John. You can't have her
505 [crosstalk].
506
507 **Noel:** And call her mom.
508
509 **Salvador Gaytan:** Yeah, that's right.
510
511 **Dr. John Chao:** Yeah, call her mom, definitely. We don't want to worry about
512 [crosstalk].
513
514 **Salvador Gaytan:** And her uncle once in a while, let him know what's going on.
515
516 **Dr. John Chao:** Maybe once in a while. But life would never be that simple.
517 There's beauty in terms of having lived a simple life. You're totally
518 engrossed in it, you're there, and all I can say is enjoy it, not
519 necessarily party. You know when party comes, sure you want to
520 enjoy that, but look at it, look at the whole four years or five years
521 as a party.
522
523 It's like your experience that would never come again. Enjoy every
524 moment, enjoy friendship and live for the moment. Live for the
525 moment, enjoy it, because it will never come again, the friends you
526 make, the good times you have, and the hardships that you have,
527 the challenges that you have will always -- you will always look
528 back with a lot of pleasure, with a lot of enjoyment.
529
530 Whether it's defeat, whether it's victory, whether it's up or down,
531 it's such a wonderful experience not to miss out. Don't get too
532 serious. You need to be serious to get through and do well, but
533 there's a part of it that is so, so important, and this is why I'd love
534 to go back to school.
535
536 I took many, many years of post graduate training, because I love
537 that atmosphere. And when I mean post graduate training, I always
538 tell my classmates and my schoolmates, "Enjoy the moment. Have
539 fun."
540
541 **Salvador Gaytan:** And for anyone tuning in, you're listening to SmileTalk with Dr.
542 John Chao, the friendly dentist from Alhambra Dental. You can
543 reach Dr. John at 626-308-9104 or AlhambraDental.com, email Dr.
544 John with your questions or your interesting stories. We may have
545 you on a future show, isn't that right, Dr. John?
546
547 **Dr. John Chao:** Right. We'd love to have you on. Just tell us your experiences, it
548 doesn't have to be extraordinary. We're looking for good, inspiring
549 stories that can bring a smile or maybe even tears at the same time.

550
551 **Salvador Gaytan:** Tears, and then we'll wrap it up with a smile. We'll tell them they
552 have to smile even if they don't want to, isn't that Dr. John?
553
554 **Dr. John Chao:** Sometimes a story can make you smile, and it's so inspiring, it
555 actually makes you cry.
556
557 **Salvador Gaytan:** That's true, that's definitely true.
558
559 **Dr. John Chao:** Do we have time for a dog story?
560
561 **Salvador Gaytan:** Well, I think we have at least a minute or two. What's your dog
562 story, Dr. John?
563
564 **Dr. John Chao:** Well, some of you may have heard already. There was a dog that
565 was born with only two good legs, and one tiny little deformed
566 front leg. The mother dog was about to attack this puppy, when a
567 boy came along and rescued the dog, took him home and the
568 parents and him and the whole family decided to adopt the dog.
569
570 And then they taught this dog how to walk on his two hind legs
571 like a kangaroo, and the deformed leg had to be removed. This dog
572 became the inspiration for a lot of people. If a dog can learn to
573 walk on two hind legs and jump around, it's just like any other
574 puppy, then what can't human beings do?
575
576 **Salvador Gaytan:** Well, we saw that video, and he was not just hopping, he was
577 actually walking like a human being on his two hind legs.
578
579 **Dr. John Chao:** He was hopping, he was actually running around. He was just
580 happy as can be, and then he became a traveling dog for the
581 parents to take him on these motivational trips. He goes to veterans
582 hospitals to inspire and entertain the folks over there. This is the
583 kind of story that can make you smile, and almost bring tears to
584 your eyes, encourage.
585
586 **Salvador Gaytan:** People can look that up on YouTube and see the video, type in
587 'Dog with two legs.'
588
589 **Dr. John Chao:** Yeah, 'Two legged dog', and the dog's name is Faith. You type in
590 those words, and that will come up.
591
592 **Salvador Gaytan:** That is an inspiring story, Dr. John.
593
594 **Dr. John Chao:** Yeah. That's a smile story.
595

596 **Salvador Gaytan:** And you know what, hey, I run on two legs too, Dr. John, so I must
597 be an inspiration.
598
599 **Dr. John Chao:** Well, if you start running on your two hands like Faith, then we'll
600 put you on TV.
601
602 **Salvador Gaytan:** Oh my gosh, come on Dr. John, have a heart. Well, we're coming
603 to the conclusion of our show. It was a fantastic show with our two
604 special guests.
605
606 **Dr. John Chao:** Thanks Cierra, thanks Noel.
607
608 **Cierra:** Thanks for having us.
609
610 **Noel:** Thanks for having us.
611
612 **Dr. John Chao:** It's been wonderful to have both of you.
613
614 **Salvador Gaytan:** Darn right. Maybe we'll have them back later when they have more
615 progress in Texas, who knows? Anyone want to get in contact with
616 Dr. John, you can reach him at 626-308-9104.
617
618 **Dr. John Chao:** We want to hear your comments.
619
620 **Salvador Gaytan:** Absolutely, or AlhambraDental.com. That's our wrap today, Dr.
621 John.
622
623 **Dr. John Chao:** And you can click onto SmileTalk on my website, and be able to
624 listen to this show. We also have Cierra and Noel's picture on
625 there. So, if you want to see what they look like, click onto
626 AlhambraDental.com.
627
628 **Salvador Gaytan:** Well, Dr. John, you didn't mention my picture, you mentioned
629 theirs?
630
631 **Dr. John Chao:** Well, actually I forgot.
632
633 **Salvador Gaytan:** You see, Dr. John, I get the bottom of the barrel.
634
635 **Dr. John Chao:** Well, actually I even forgot my own picture. My picture will be on
636 there too.
637
638 **Salvador Gaytan:** I like it. Okay, that's a wrap, next week.
639
640 **Dr. John Chao:** Goodbye everybody.
641

642 [END OF AUDIO]