

1 **Salvador Gaytan:** Welcome to SmileTalk, an entertaining and informative talk show,
2 featuring the latest news and developments in dentistry, as well as
3 other interesting topics. I'm Salvador Gaytan and I'm here with...?
4

5 **Dr. John Chao:** Dr. John Chao, hi everybody.
6

7 **Salvador Gaytan:** Dr. John, we've had a couple of good shows to start the new year,
8 and we're still rolling, and just to let our audience know, we're
9 going to be talking about the latest news and developments in
10 dentistry, and also expanding the show to whatever is interesting
11 and makes people smile, isn't that right?
12

13 **Dr. John Chao:** This is why it's called SmileTalk, and we have a couple of ladies
14 here that we had on the other two shows, who are making us smile
15 and making everybody smile.
16

17 **Salvador Gaytan:** Wait, they're making us smile? They're kind of like growling and
18 frowning at us, Dr. John.
19

20 **Dr. John Chao:** Hardly.
21

22 **Salvador Gaytan:** Do we have to take this?
23

24 **Dr. John Chao:** These two lovely ladies cannot possibly frown. Their smiles are
25 too beautiful.
26

27 **Salvador Gaytan:** Well, tell us who are our guests? They've been here, but who are
28 they, Dr. John?
29

30 **Dr. John Chao:** Cierra and Noel. Noel is the mother; Cierra is the primo tennis
31 player, and golf phenom.
32

33 **Salvador Gaytan:** That's true. A lot of people don't know she is a golf phenom, that's
34 kind of under the radar.
35

36 **Dr. John Chao:** Yeah, yeah, not anymore. We've publicized it.
37

38 **Salvador Gaytan:** Yes, we have Noel, who is my sister and one of your patients, and
39 also Cierra, who is my niece and one of your patients. We're going
40 to talk about Cierra's -- kind of the things that you've done for her,
41 a little late in the show too, aren't we?
42

43 **Dr. John Chao:** Yeah, but I do want to bring out, she's going to the University of
44 Texas on a full scholarship.
45

46 **Salvador Gaytan:** For tennis.

47
48 **Dr. John Chao:** Yeah, and I'm a Trojan, so I have been converted to also become a
49 Longhorn fan.
50
51 **Cierra:** Longhorn.
52
53 **Salvador Gaytan:** Longhorn.
54
55 **Dr. John Chao:** But I have to tell you, the image that comes to my mind as you're
56 talking about Longhorn, I see a Trojan with a cape doing
57 bullfighting with a Longhorn. It seemed like they kind of [xx]
58 together.
59
60 **Salvador Gaytan:** Well, if it was USC and Texas.
61
62 **Dr. John Chao:** Yeah. We lost to them the last time at the Rose Bowl.
63
64 **Salvador Gaytan:** That was what, two years ago or so, three years ago?
65
66 **Dr. John Chao:** Yeah, two, three years ago. I actually like to forget that, but it was
67 not a good ride down the hill that night. But you know what, I was
68 very impressed with the Longhorn fans. They were totally
69 courteous, they were not insulting, they were just gracious as can
70 be. They were a bunch of very, very gracious people.
71
72 **Salvador Gaytan:** Excellent.
73
74 **Dr. John Chao:** Yeah, so that was my impression of them, even though we lost, but
75 nobody pushed it on our faces and taunt us or anything like that,
76 very, very nice.
77
78 **Salvador Gaytan:** Well, she's kind of pushing it right now, because she's wearing a
79 big Texas t-shirt right now. Doesn't that bring back flashbacks?
80 Cierra has got a Texas t-shirt on.
81
82 **Cierra:** Yes I do.
83
84 **Dr. John Chao:** No, that's my university now. So, I am a Trojan, and a Longhorn.
85
86 **Cierra:** Alright, alright, well we have our Rapid Fire Five, but we're also
87 going to be talking to our special guest in the middle of the
88 program about the benefits of -- well, Noel got Cierra into sports,
89 and then she took to it.
90
91 We're going to talk about the benefits of sports, the self-esteem
92 issues, and Noel is going to give us a little insight as to what her

93 take is, on how that all worked out, and as well as Cierra, and we're
94 going to talk about Cierra's teeth as I mentioned, and what you had
95 specifically done for her.
96
97 **Dr. John Chao:** Yes, it's a very interesting case.
98
99 **Salvador Gaytan:** Because she's got a gorgeous, and I mean a gorgeous smile.
100
101 **Dr. John Chao:** This is not just a case, this is a showcase.
102
103 **Salvador Gaytan:** Showcase, oh, showcase. You never give me a plug like that, you
104 call me ugly and you call her a showcase. You know what...
105
106 **Cierra:** I like it.
107
108 **Dr. John Chao:** That's the [crosstalk] kiddo.
109
110 **Salvador Gaytan:** Okay, alright, how about my self esteem?
111
112 **Dr. John Chao:** You don't need any encouragement along those lines.
113
114 **Salvador Gaytan:** I mean come on. Alright, Dr. John, well, you know what, let's get
115 to our Rapid Fire Five. We're going to do the contest we did last
116 time. The two lovely ladies are going to give their answers, and
117 we're going to see if Noel can revenge her loss from the last
118 contest. Are you ready, Dr. John?
119
120 **Dr. John Chao:** Yes, go ahead.
121
122 **Salvador Gaytan:** Okay. Question number one: You should not be made to wait more
123 than 10 minutes in a dental chair, true or false? Cierra?
124
125 **Cierra:** True.
126
127 **Salvador Gaytan:** Okay, Noel.
128
129 **Noel:** I say true.
130
131 **Dr. John Chao:** That's true, I agree.
132
133 **Salvador Gaytan:** They both got it, okay, question number two: You are entitled to
134 medical leave when you visit your dentist, true or false, Noel?
135
136 **Noel:** False.
137
138 **Salvador Gaytan:** Cierra?

139
140 **Cierra:** True.
141
142 **Dr. John Chao:** It's true.
143
144 **Salvador Gaytan:** Two in a row for Cierra, okay, question number three. If you broke
145 your tooth during a hit and run accident, the cost of dental
146 treatment, cost of transportation to the dental office, the loss of
147 income may be covered under a state program, true or false, Noel?
148
149 **Noel:** False.
150
151 **Salvador Gaytan:** Cierra?
152
153 **Cierra:** False.
154
155 **Dr. John Chao:** It's true.
156
157 **Salvador Gaytan:** They both got it wrong, Dr. John. You stumped them on that one,
158 alright.
159
160 **Dr. John Chao:** Yeah, I know.
161
162 **Salvador Gaytan:** Question number four: Accidental injury to your teeth may be
163 covered by your medical health insurance as well as your dental
164 plan, true or false, Cierra?
165
166 **Cierra:** True.
167
168 **Salvador Gaytan:** Noel?
169
170 **Noel:** True.
171
172 **Dr. John Chao:** That's true.
173
174 **Salvador Gaytan:** They both got it right, okay. Coming down to the last one: When
175 you or your passenger is injured in an automobile accident, a
176 provision in your automobile accident policy can cover all
177 reasonable costs of dental work, even if the accident is entirely
178 your fault, true or false, Noel?
179
180 **Noel:** True.
181
182 **Salvador Gaytan:** Cierra?
183
184 **Cierra:** True.

185
186 **Dr. John Chao:** Okay, that's true.
187
188 **Salvador Gaytan:** That's true, my god, well, you know what, Cierra got four, Noel
189 got three, it was nip and tuck, but you know what, mama bear
190 Noel, your cub is 2 for 0 again. Are you going to take this?
191
192 **Noel:** No, I am not. I'm going to get her back.
193
194 **Salvador Gaytan:** Darn right. You're going to put her in timeout when you get home,
195 aren't you, to teach her a lesson?
196
197 **Noel:** You bet.
198
199 **Salvador Gaytan:** And you know what, I got some funny stories about her in timeout
200 when she was a little kid. We're going to get to that later, yeah,
201 when Cierra was in timeout.
202
203 **Dr. John Chao:** Okay, let's go through these questions really quickly.
204
205 **Salvador Gaytan:** Alright, question number one: You should not be made to wait
206 more than 10 minutes in your dental chair. That is true.
207
208 **Dr. John Chao:** Yeah. Dentists should be very conscientious about their patient's
209 time. The patients are coming to you, they're paying you to do
210 work on them, and you should respect their time, even though it
211 cannot be helped a lot of the times.
212
213 So, if you're going to make somebody wait because of
214 circumstances beyond your control, they should at least be told
215 why, and be told when the doctor will be there. That's common
216 courtesy.
217
218 **Salvador Gaytan:** Now, I've heard that you give your patients -- if they're going to
219 wait any more than five minutes, you give them an iPod with some
220 rap music. Is that true?
221
222 **Dr. John Chao:** No. But if I do make them wait unduly long, and it's something
223 that I could have helped, a lot of times I'll do something free for
224 them.
225
226 **Salvador Gaytan:** Excellent.
227
228 **Dr. John Chao:** I'll say, "Do you know what, we were going to charge you for x-
229 rays, we won't. Oh well, you've waited a long time, well, I'll just do
230 an extra filling for you."

231
232 **Salvador Gaytan:** Dr. John, your patients are going to come in and go, "Dr. John,
233 take a half hour, don't worry, Dr. John."
234
235 **Dr. John Chao:** So, we owe them, we shouldn't do that, and the patients don't mind
236 waiting if you show them respect for their time. That's basically it.
237
238 **Salvador Gaytan:** Okay. Question number two: You are entitled to medical leave
239 when you visit your dentist. That is true, Dr. John.
240
241 **Dr. John Chao:** Yeah. It's no different from seeing a physician for a medical
242 problem. The {C} regulation in laws provide that you can be
243 allowed to take a medical leave as a paid vacation, whatever the
244 policy is. When you see the dentist, your employer is not supposed
245 to be able to dink you or penalize you for your visits to the dentist.
246
247 **Salvador Gaytan:** Interesting, okay, and if you're just tuning in, you're listening to
248 SmileTalk with Dr. John Chao, the friendly dentist from Alhambra
249 Dental. You can reach Dr. John at 626-308-9104.
250
251 **Dr. John Chao:** Yeah, please contact us for your questions and comments. We'd
252 love to hear from you.
253
254 **Salvador Gaytan:** And also, his website is AlhambraDental.com and Dr. John does
255 specialize in difficult cases. So, you can call him or log onto his
256 website any time. Okay, question number three, Dr. John. If you
257 broke your tooth during a hit and run accident, the cost of dental
258 treatment, cost of transportation to the dental office and loss of
259 income may be covered under a state program. That is true.
260
261 **Dr. John Chao:** Yeah, those of you listening, please remember the state program
262 called 'The Victims of Crime.' It's a billion dollar program, and it
263 covers injuries sustained during the course of a crime.
264
265 Hit and run is a crime. It's one of the most common ways that
266 innocent victims are injured, and the law provides that you get the
267 treatment that you need to restore your tooth health, and all the
268 costs involved, including loss of income and transportation. It's
269 something good to remember.
270
271 **Salvador Gaytan:** You say that's the 'Victims of Crime.'
272
273 **Dr. John Chao:** Victims of Crime. If you are injured during the course of a crime,
274 contact the police station and ask for a case worker, and have the
275 case worker walk you through the program.
276

277 **Salvador Gaytan:** Now, does that cover mental distress that a radio talk show host
278 might endure when Dr. John is...
279

280 **Dr. John Chao:** Let's not go there.
281

282 **Salvador Gaytan:** I need that unit, Dr. John, see I got to give you grief.
283

284 **Dr. John Chao:** Don't text me when you're driving.
285

286 **Salvador Gaytan:** Alright, Dr. John, question number four, accidental injury to your
287 teeth may be covered by your medical health insurance as well as
288 your dental plan, that is true.
289

290 **Dr. John Chao:** Yeah, that's true. It's not the illness, it's not something, it's not the
291 cavities, something happened to you, if you broke a toe, you broke
292 a tooth, this should be covered. So, do look into that when you are
293 involved in an accident.
294

295 **Salvador Gaytan:** Okay. Question number five: When you or your passenger is
296 injured in an automobile accident, a provision in your automobile
297 accident policy can cover all reasonable costs of dental work, even
298 if the accident is entirely your fault. That is true.
299

300 **Dr. John Chao:** Yes. When you buy an automobile insurance policy, the insurance
301 agent is supposed to give you a choice as to whether you want
302 what's called Med-Pay. This particular clause in the policy will
303 cover medical expenses up to a certain limit regardless of fault.
304

305 It's a no-fault insurance for injuries to yourself, the driver and all
306 the passengers. You owe it to your passengers and to your family
307 to get that. It's not very expensive.
308

309 **Salvador Gaytan:** And what I've heard, Dr. John, is insurance agents try to dissuade
310 people from buying that.
311

312 **Dr. John Chao:** It's not a moneymaker for them, but it's not very costly, you can get
313 \$25,000 for maybe -- I don't want to be wrong, but maybe a \$100
314 or \$200 per year. So, that is really worth it, do consider it when
315 you think about insurance policies for your automobile.
316

317 You can always add it on. So, if you feel like you didn't sign up for
318 it, be sure you know that you can call up any time and have that
319 added to your policy. It's not very expensive, get at least \$5000, I
320 have \$25,000 for myself.
321

322 **Salvador Gaytan:** Well, I'm going to be riding your car more often.

323
324 **Dr. John Chao:** Then you're not going to worry about me driving anymore.
325
326 **Salvador Gaytan:** That's right.
327
328 **Dr. John Chao:** So, audience, remember this term, you have to ask for it. They
329 won't tell you sometimes. It's called Med-Pay.
330
331 **Salvador Gaytan:** Excellent, Dr. John, and if you're just tuning in, you're listening to
332 SmileTalk with Dr. John Chao of Alhambra Dental, 626-308-9104
333 or AlhambraDental.com.
334
335 **Dr. John Chao:** We'd love to hear from you. Please contact us through email or call
336 us. We'd love to hear from you.
337
338 **Salvador Gaytan:** Okay, Dr. John. We are ready to get to our wonderful, beautiful,
339 talented guests. I'm giving a plug of course, it's my sister and my
340 niece, but we're ready to get to...
341
342 **Dr. John Chao:** Even if they are not.
343
344 **Salvador Gaytan:** Well, that's true, that's true.
345
346 **Cierra:** Thanks a lot.
347
348 **Salvador Gaytan:** Well, you know what, my sisters, my younger sister, so I definitely
349 teased her a lot growing up.
350
351 **Noel:** Oh yes.
352
353 **Dr. John Chao:** So, see what I have to put up with?
354
355 **Salvador Gaytan:** I know.
356
357 **Noel:** This is nothing John, absolutely nothing. I've lived in the trenches
358 of it.
359
360 **Dr. John Chao:** I've heard some of it.
361
362 **Salvador Gaytan:** That's right. And you know what, but then she grew up, I couldn't
363 tease her anymore, but then she had a daughter, I said "Hey, I have
364 another little victim to tease."
365
366 **Dr. John Chao:** Well, they grew up strong.
367
368 **Cierra:** Yeah, definitely.

369
370 **Noel:** We survived.
371
372 **Dr. John Chao:** They have character. Being as strong as she is on the court or being
373 as competitive as she is, some of the credit goes to you...
374
375 **Cierra:** No way.
376
377 **Dr. John Chao:** For making her strong.
378
379 **Salvador Gaytan:** Well, she's not giving me any credit, Dr. John. She's not giving me
380 any credit. Well, talking about that competitiveness...
381
382 **Dr. John Chao:** It's like a vaccine, it makes you strong.
383
384 **Salvador Gaytan:** Well, it is true. In our family, you had to get in and compete or you
385 got left behind. That's the way it worked.
386
387 **Dr. John Chao:** That's right. So was in mine. There were seven others -- but with
388 those, [inaudible] vaccinate me -- they vaccinated me.
389
390 **Salvador Gaytan:** Yes. Talking along those lines, we have Noel, how are you doing
391 today, Noel?
392
393 **Noel:** Very good.
394
395 **Salvador Gaytan:** And Cierra?
396
397 **Cierra:** Great.
398
399 **Salvador Gaytan:** Alright, great, wow. Now, Dr. John, you wanted to ask them a little
400 bit about how sports and competition fuels esteem and things like
401 that.
402
403 **Dr. John Chao:** Yeah, I've always noticed that kids who are involved in sports do
404 very well. They don't seem to go astray. They don't seem to fall off
405 down the side of the road. They seem to be pretty straight. Noel,
406 what can parents learn from your experience? If there is a couple
407 with a young child, three or four, five years old, what would be
408 your advice to them, now that your daughter has grown up and
409 done so well?
410
411 **Noel:** Well, in my experience so far, I have seen so many positives for
412 Cierra. Learning tennis, being the great athlete that she is, and the
413 talent that she has, those are gifts that you come into life with, but
414 as far as what tennis has given her, it's given her so many

415 friendships along the way, so many great memories with all these
416 people that she's competed against on a regular basis. These are her
417 peers, it's so much more than just tennis.
418
419 The self esteem that it gives her, well again, that goes into
420 friendships. And when a child has a lot of friendships, and that's in
421 competing, that makes them very special. It helped keep her on
422 track, because a lot of the kids, when they become teenagers,
423 there's a lot of distractions.
424
425 She stayed the course and I'm very proud of her for that, so I would
426 definitely recommend for any parent who thinks that their children
427 have athletic talent or maybe they're not as talented as others, but
428 they have a love for it, and they want to compete, there are just so
429 many positives along the way.
430
431 I would highly recommend it and really encourage them to stay the
432 course, because like I said before, so many people do fall off track
433 and they see the others move forward and accomplish a scholarship
434 or different titles, because they did stay the course.
435
436 **Dr. John Chao:** Cierra, what do you think allowed you to resist pressure for you to
437 fall off the track, not play tennis, fall off, and I'm sure that you
438 were asked to party or tempted to go into drugs and alcohol and so
439 on, and you seem to have resisted that very well. What do you
440 think within you helped you do that, allowed you to do that?
441
442 **Cierra:** Well, by playing tennis, the people I hangout with are also very
443 dedicated and they are the same way I am. So, my peers, no one
444 really did that, so I didn't really have any temptation to...
445
446 **Dr. John Chao:** If you were given the pressure, how would you feel that you'll deal
447 with it?
448
449 **Cierra:** Well, I just have so much that like I've worked hard for so much
450 and I don't want to lose it. So, I'm not going to try it, it's not worth
451 it.
452
453 **Dr. John Chao:** So, it's your self esteem, it's hard work that you put in.
454
455 **Cierra:** Yes.
456
457 **Dr. John Chao:** So, you're not going to go to UT and falling with the druggies?
458
459 **Cierra:** No way.
460

461 **Dr. John Chao:** Not that you have very many there, right? It's a lovely city.
462
463 **Salvador Gaytan:** Every college has got their alcohol and this and that and the other
464 thing. There's always a temptation.
465
466 **Dr. John Chao:** Are you going to go into the sorority scene when you get there?
467
468 **Cierra:** No, I do not think so.
469
470 **Salvador Gaytan:** Now, Cierra, so how many good friendships do you think you've
471 developed through playing tennis over the years?
472
473 **Cierra:** Oh, tons and tons. I have about three girls from tennis that I'm
474 really close with, that I still talk to daily or weekly.
475
476 **Salvador Gaytan:** And what are their names?
477
478 **Cierra:** Jordan, Tiffany and -- well, Jordan and Tiffany are probably my
479 top two.
480
481 **Salvador Gaytan:** Top two. Now, I've met both of them, very, very nice girls, very
482 talented. Now, where is Jordan playing tennis?
483
484 **Cierra:** She went to UCLA, but she is transferring to UC Santa Barbara for
485 a tennis scholarship.
486
487 **Salvador Gaytan:** Excellent, and Tiffany?
488
489 **Cierra:** Goes to Cal State Fullerton.
490
491 **Salvador Gaytan:** On a tennis scholarship?
492
493 **Cierra:** Yes.
494
495 **Salvador Gaytan:** Excellent, excellent. Through the years, I know you probably had a
496 lot of other friendships, some really close, some casual friendships.
497 And like you said, that a lot of the girls, they were into their tennis.
498 So, what would you say is the best award that you have won?
499 You've got a lot of trophies, but do you have one award in there
500 that you remember the most?
501
502 **Cierra:** Yes, Easter Bowl doubles title with Taylor Davis.
503
504 **Salvador Gaytan:** And how old were you then?
505

506 **Cierra:** I want to say 14. I was playing the 14s in Palm Springs, California,
507 and we just played really well. We had a tough three setter in our
508 finals, and it was exciting. We pulled through, we got our gold
509 ball.
510
511 **Dr. John Chao:** Wasn't that the tournament where you were named the best -- what
512 is it called, the best sportsmanship award?
513
514 **Cierra:** Was that the tournament?
515
516 **Noel:** Yeah, you got the sportsmanship award for all the girls that
517 competed at this top national level, that was the highest national
518 level tournament you can compete in. For her age division, she
519 won the sportsmanship award.
520
521 **Dr. John Chao:** Yeah, and I thought, "Yes, it's good that she won, but it really
522 typifies what she's about."
523
524 **Cierra:** Yeah, thank you.
525
526 **Dr. John Chao:** She is about sportsmanship, competitiveness, but sportsmanship. I
527 think on that particular occasion, they recognized her for that, but
528 she shows that at every tournament. I think this is something that
529 everybody in the sports world, in her age group and high school
530 and college should learn to do.
531
532 **Salvador Gaytan:** Now, what's interesting about sportsmanship for tennis, because
533 every sport has sportsmanship awards, but what's interesting about
534 tennis, people may not know if they don't play.
535
536 Tennis is one of those few sports, especially through high school
537 even, where the opponents, the players, they make the line calls,
538 there's no judge, as in professional tennis. So, part of the
539 sportsmanship award, as I understand for tennis is that some
540 players, a ball might be in, and they'll call it out.
541
542 So, a sportsmanship is that if you see a ball out or you see a ball in,
543 that your opponent hits, that you don't call it out. Isn't that right,
544 Cierra?
545
546 **Cierra:** Yes, that's part of it.
547
548 **Dr. John Chao:** Yeah. I've seen matches where the thing is so in, and it gets called
549 out. It's totally incredible what people will do.
550
551 **Cierra:** That's true, happens all the time.

552
553 **Salvador Gaytan:** And I mean as she goes up, Noel, isn't that even more of an issue
554 when you get into playing some of the pro satellite tournaments
555 too?
556
557 **Noel:** Actually, I've heard that it's really tough in college, even though
558 there are umpires on the court. They have chair umpires, but there's
559 quite a bit of cheating, I've heard, in college tennis. So, that's going
560 to be real interesting to see take place, because now you're in a
561 team format, which can provoke people to act a little bit differently
562 than they would if they were playing individually.
563
564 **Salvador Gaytan:** So, a ball could be an inch in, and the opponent says, "No, I saw it
565 an inch out."
566
567 **Noel:** Absolutely. Well, and on the pro circuit, they do have more
568 umpires out there, but you have girls out there playing for their
569 next meal. So, that's going to encourage them to maybe take the
570 call here and there, if it means they're going to be paid a little bit
571 more. So, you're certainly going to see it, but I think we're going to
572 see it more in college than on the pro circuit.
573
574 **Salvador Gaytan:** Now, Cierra, you have some interesting stories about times where
575 you felt your opponent was calling balls out that you hit in, and
576 how did you handle those situations?
577
578 **Cierra:** Not in the most classiest way.
579
580 **Salvador Gaytan:** What do you mean?
581
582 **Cierra:** When people cheat, you can get a line judge or sometimes you
583 have to get your point back, so it just depends.
584
585 **Salvador Gaytan:** But didn't you normally call for a lines judge?
586
587 **Cierra:** Yeah, sometimes.
588
589 **Salvador Gaytan:** So, how prevalent is it in -- as you've played, how prevalent is it?
590 Did it just happen just once in a while or is it a constant thing or
591 what?
592
593 **Cierra:** At my age, you pretty much know who's going to cheat you,
594 because you've played them so many times, but it happens, it
595 happens a lot for the most part, just one or two.
596

597 **Dr. John Chao:** Doesn't it fire up your competitive spirit when somebody cheats
598 and you want to even work harder to beat them at their game?
599
600 **Cierra:** Yes, very true, it does.
601
602 **Dr. John Chao:** So, if you try to cheat Cierra, you do it at your own peril.
603
604 **Cierra:** You're pumping me up.
605
606 **Salvador Gaytan:** Darn right, darn right. So, Noel, what would you say when Cierra
607 got to about 13, 14, 15, what was a typical practice day, week like?
608 How many hours and what did she have to do?
609
610 **Noel:** I would say she probably practiced about three and a half hours,
611 and then would do conditioning for about an hour. That's about
612 what she would do at that point, because she was in high school as
613 well, when she was 15. So, that cut into things a little bit, but that's
614 what she was doing.
615
616 **Salvador Gaytan:** And if you're just tuning in, you're listening to SmileTalk with Dr.
617 John Chao, the friendly dentist, 626-308-9104 or you can logon to
618 AlhambraDental.com.
619
620 **Dr. John Chao:** Please call us and contact us.
621
622 **Salvador Gaytan:** We're talking to two very special guests, Cierra and Noel. Cierra
623 just got a college tennis scholarship at the University of Texas.
624 She'll be starting next August. And we're also talking with her
625 mother, Noel, who was very instrumental in her training, and also
626 played tennis herself at a very competitive level. So, go ahead, Dr.
627 John, you wanted to ask a question?
628
629 **Dr. John Chao:** Yes. Which female tennis player do you admire most based on, on
630 court and off court demeanor?
631
632 **Cierra:** I really like Lindsey Davenport, but she's not on the pro tour
633 anymore, she is retired. But that was one of my favorite tennis
634 players.
635
636 **Dr. John Chao:** Yeah, tell us more about what she does when she was playing
637 actively.
638
639 **Cierra:** She carried herself on the court pretty well overall, and I respect
640 that.
641
642 **Salvador Gaytan:** And what about her game, what was the best part of her game?

643
644 **Cierra:** Her backhand, she was very steady.
645
646 **Salvador Gaytan:** So, Noel, what would you say the best part of Cierra's game is?
647
648 **Noel:** I'd say her ability to move forward. She has great size, but from
649 what I see on the pro circuit and even in women's college tennis, a
650 lot of the gals like to go side to side. They don't like to come
651 forward, so it makes her unique that she does that, and then she has
652 great volleys, and a wicked overhead.
653
654 So, potentially if she keeps moving along in that direction and
655 growing the parts of her game, serve and volley, I think that it will
656 make a huge difference.
657
658 **Salvador Gaytan:** Excellent.
659
660 **Dr. John Chao:** Now, she could have gone into pros, but you encouraged her and
661 she decided to go to college. What is the thinking along those
662 lines?
663
664 **Noel:** The thinking along those lines is that I want my daughter to be a
665 well developed human being, and to get different social
666 experiences. And as a college athlete, they treat you like royalty,
667 especially at Texas. So, I want her to experience that.
668
669 She could always decide to play college tennis for two years if it
670 was going really great, and she could go into the pro circuit if she
671 wanted, at that point. But the idea is that she's going to graduate
672 from UT.
673
674 **Dr. John Chao:** Cierra, what are you going to study?
675
676 **Cierra:** I am not sure yet.
677
678 **Salvador Gaytan:** Part time jobs, lunch.
679
680 **Cierra:** Maybe, yeah.
681
682 **Salvador Gaytan:** Basket weaving, what have we got going over there?
683
684 **Cierra:** Maybe communications or something like that, yes.
685
686 **Salvador Gaytan:** Communications, well, here is your first introduction.
687
688 **Cierra:** Exactly.

689
690 *Dr. John Chao:* You'll be good at that, you'll be good.
691
692 *Salvador Gaytan:* Here is your first introduction to communications. Well, we're
693 coming to the end of our show, Dr. John, it kind of went by fast
694 with our special guests.
695
696 *Dr. John Chao:* Yes.
697
698 *Salvador Gaytan:* And we're probably going to have them on for the next week as
699 well. It might be a few tidbits, and a few secrets they're going to
700 divulge to our audience, and we're going to talk to also Cierra
701 about what she expects to accomplish in Texas. We need some
702 predictions, don't we?
703
704 *Noel:* Oh yes.
705
706 *Salvador Gaytan:* You're darn right.
707
708 *Dr. John Chao:* We'd like to see some goals.
709
710 *Salvador Gaytan:* So, that is the conclusion of our show this week. You can catch Dr.
711 John at 626-308-9104 or AlhambraDental.com.
712
713 *Dr. John Chao:* Goodbye everybody, see you next week.
714
715 *Salvador Gaytan:* Goodbye.
716
717 [END OF AUDIO]