

1 **Salvador Gaytan:** Welcome to SmileTalk, an entertaining and informative talk show,
2 featuring the latest news and developments in dentistry, as well as
3 other topics of interest. I'm Salvador Gaytan, and I'm here with...?
4

5 **Dr. John Chao:** Dr. John Chao, hi everybody, we have a wonderfully exciting
6 show coming up.
7

8 **Salvador Gaytan:** Now, Dr. John, it's the start of the New Year 2010. We've done a
9 lot of shows for 2009, and we started off primarily, a 100% talking
10 about the latest news in dentistry, and it's evolved a little bit over
11 the last three months, but we are taking and expanding this
12 program beyond just dentistry, aren't we for [crosstalk]?
13

14 **Dr. John Chao:** Well, it occurred to me that we've been talking about what makes
15 people smile, as well as what produces a good smile, and how
16 people can save this smile.
17

18 So, we're actually going to formally expand our topic and talk
19 about whatever makes people smile, that's what we're going to talk
20 about, whether it's actually a better smile or whether it's some
21 happening, some story that produces a smile in our listeners.
22

23 **Salvador Gaytan:** Well, and like we promised in the very beginning, the show was
24 always going to be interesting and entertaining.
25

26 **Dr. John Chao:** Whatever is entertaining and interesting, that's what we're going to
27 do.
28

29 **Salvador Gaytan:** People know we started off with the dentistry, because you are one
30 of the top dentists, in my opinion, in the country. You specialize in
31 a lot of difficult cases, so that was the premise of the show, and
32 people need to know that. So, you are going to be talking about the
33 latest and the greatest breakthroughs, aren't you still, right?
34

35 **Dr. John Chao:** Why are you stroking me today?
36

37 **Salvador Gaytan:** Well, because we're starting the New Year. We're starting the New
38 Year, and you know what, people need to know.
39

40 **Dr. John Chao:** Yeah, well, thank you, but we will continue to talk about dentistry
41 as we go along, but we'll make it even more interesting by bringing
42 real life incidences, whether it's one of my patients or whether it's
43 something in the news, such as when we were talking about tiger.
44

45 **Salvador Gaytan:** Exactly.
46

47 **Dr. John Chao:** ...in the woods, and that was interesting, I enjoyed that.
48
49 **Salvador Gaytan:** Yes, and so we're going to expand that. We're also adding another
50 item which we're going to have on a regular basis, which is going
51 to be your case of the week, isn't that right?
52
53 **Dr. John Chao:** Yes. We're going to pick a case every week that we can talk about,
54 maybe something interesting happened, and then we're going to
55 share the history of this particular case with our audience.
56
57 **Salvador Gaytan:** Now, we're not talking about a case of beer, right?
58
59 **Dr. John Chao:** No.
60
61 **Salvador Gaytan:** We're talking about a case in your office, isn't that right?
62
63 **Dr. John Chao:** It could include a case of beer if I did really well, but it would be
64 something interesting that can again make you smile, because the
65 story is interesting and enhancing and inspiring.
66
67 **Salvador Gaytan:** Right. So, the case we're going to be talking about, actual cases
68 that you have completed for different patients of yours, and what
69 problem that came in and how you solved that problem for them?
70
71 **Dr. John Chao:** Generally speaking, but it would be a good story, it's not just a
72 good case. It's a story that makes you sit up and feel good.
73
74 **Salvador Gaytan:** Okay. Well, you know what, getting to good stories, we have a
75 couple of very special -- special to me and you, special guests that
76 are very interesting. They're going to be on at least a couple of
77 shows. One guest is my lovely niece Cierra, how are you doing,
78 Cierra?
79
80 **Cierra:** Very good, thanks for having me.
81
82 **Dr. John Chao:** Well, there's no kidding, she's lovely.
83
84 **Salvador Gaytan:** Well, that is true.
85
86 **Cierra:** Thank you.
87
88 **Salvador Gaytan:** That is true. And we also have my lovely, gorgeous sister, Noel,
89 how are you doing Noel?
90
91 **Noel:** Doing just great.
92

93 **Dr. John Chao:** And she is no less lovely either.
94
95 **Salvador Gaytan:** Well, the apples, they fall close to the tree, so that's why they're
96 special.
97
98 **Dr. John Chao:** What happened to you?
99
100 **Salvador Gaytan:** You know what, there you go again, there you go again throwing
101 me under the bus.
102
103 **Dr. John Chao:** No, it's a good looking family, a good looking family.
104
105 **Salvador Gaytan:** Let's just get it out for 2010, that you just are trying...
106
107 **Dr. John Chao:** I'm just jealous. This guy is tall, he played basketball, he's a great
108 golfer, 6 foot 2, compared to a little shrimpy old me, so I have to
109 dig at him once in a while.
110
111 **Salvador Gaytan:** Razzing me.
112
113 **Dr. John Chao:** Just to keep him at the right size mentally.
114
115 **Salvador Gaytan:** It never stops, ladies and gentlemen. But they are also special,
116 because they are also patients of yours, isn't that right, Dr. John?
117
118 **Dr. John Chao:** Yes, for many years.
119
120 **Salvador Gaytan:** They both have beautiful smiles.
121
122 **Dr. John Chao:** For sure.
123
124 **Salvador Gaytan:** So, we're going to talk about that probably not this show, probably
125 the next show. My lovely sister, she has been afraid of the dentist,
126 but you have helped her with that, isn't that right?
127
128 **Dr. John Chao:** Yes, yes, actually she's one of my best patients.
129
130 **Salvador Gaytan:** Best patients. So, we have Noel and Cierra and we're just going to
131 give a little tidbit. Now, Cierra, you have something
132 extraordinarily wonderful that has happened to you in the last few
133 months, isn't that right?
134
135 **Cierra:** Yes it is.
136
137 **Salvador Gaytan:** And just don't tell the audience what it is, but what does it have to
138 do with?

139
140 **Cierra:** A tennis scholarship.
141
142 **Salvador Gaytan:** Yes, okay. And we have the proud mom, and she's going to be
143 talking about the process of what it took, a lot of hard work to get
144 there, isn't that right, Noel?
145
146 **Noel:** Oh yes, a lot of hard work.
147
148 **Salvador Gaytan:** And are you going to divulge your top secrets to making a tennis
149 champion?
150
151 **Noel:** I'll think about it.
152
153 **Salvador Gaytan:** She'll think about it, okay, okay. Well, we're going to get to that in
154 a little bit. And for anyone just tuning in, you're listening to
155 SmileTalk with Dr. John Chao, the friendly dentist. You can reach
156 Dr. John at 626-308-9104 or at his website AlhambraDental.com.
157
158 **Dr. John Chao:** By the way, if you have a story that can bring a smile to all of our
159 faces, please feel free to call or click onto Alhambra.com, and
160 leave us your story and we will share it with the audience.
161
162 **Salvador Gaytan:** Or we may have a guest or two on the show.
163
164 **Dr. John Chao:** Yes, and if it's interesting, we'll invite you to come on the show.
165
166 **Salvador Gaytan:** That's right, be a radio star.
167
168 **Dr. John Chao:** Exactly, so don't be afraid, call us.
169
170 **Salvador Gaytan:** Share your stories with us. Okay, Dr. John, we are going to get to
171 the Rapid Fire Five, where I ask you five true or false questions.
172 You say whether they're true or false, and then we go to a few
173 details. Are you ready, Dr. John?
174
175 **Dr. John Chao:** Yes, let's get going here.
176
177 **Salvador Gaytan:** Alright. Here we go, and question number one, implants are
178 always preferable to bridge work, true or false?
179
180 **Dr. John Chao:** False. Anything that's always, is always false.
181
182 **Salvador Gaytan:** Okay, well that's a probably good question for my niece, a tidbit
183 from her remembering college test, don't you like that?
184

185 **Dr. John Chao:** Yes, if it's always, the statement is always, chances are it's false.
186
187 **Salvador Gaytan:** Alright. Question number two, over one million implants are
188 placed every year by American dentists, true or false?
189
190 **Dr. John Chao:** That's actually true.
191
192 **Salvador Gaytan:** That's a lot of implants.
193
194 **Dr. John Chao:** A lot of implants, a lot of people.
195
196 **Salvador Gaytan:** Question number three, over five million teeth are knocked out
197 every year in the U.S., true or false?
198
199 **Dr. John Chao:** Believe it or not, that's actually true.
200
201 **Salvador Gaytan:** That's a lot of teeth as well. That's what keeps dentists employed,
202 isn't it?
203
204 **Dr. John Chao:** Well, you play basketball, you know how that can be?
205
206 **Salvador Gaytan:** And I got lucky, I never had a tooth knocked out.
207
208 **Dr. John Chao:** Yeah, you're very lucky, with all those elbows and shoulders.
209
210 **Salvador Gaytan:** Of course I was a guard, I was quick, I was dodging the elbows,
211 you see. Alright.
212
213 **Dr. John Chao:** Yeah, I bet you can do that really good.
214
215 **Salvador Gaytan:** Darn right, darn right, I got to save those choppers. Okay, question
216 number four, Dr. John. People over 90 years old should not waste
217 money on their teeth, true or false?
218
219 **Dr. John Chao:** That's false.
220
221 **Salvador Gaytan:** That's false. Even 90 year old people need to look good, don't
222 they?
223
224 **Dr. John Chao:** It's quality of their life, and a lot of people feel that their teeth are
225 very important, their mouth is very important to them, and we
226 should respect that. We'll talk more about that later.
227
228 **Salvador Gaytan:** Okay, and the last question, question number five, wearing a bite
229 guard can enhance athletic performance by at least 10%, true or
230 false?

231
232 **Dr. John Chao:** It may be true. There's been a study that came out, that hints at the
233 enhancement of athletic performance by some kind of a mouth
234 guard. I'm not sure it's true, I'm not sure it's false, so we're going to
235 give a question mark to that, but it's interesting.
236
237 **Salvador Gaytan:** Alright, 50-50.
238
239 **Dr. John Chao:** But it's interesting.
240
241 **Salvador Gaytan:** Okay. Question number one, Dr. John, implants are always
242 preferable to bridge work, that is false, why?
243
244 **Dr. John Chao:** That's false, because implants are appropriate sometimes, other
245 times the bone is not there or the patient actually prefers something
246 immediately rather than have to wait a few months. So, they're not
247 always the case. Sometimes the tooth, that's going to be extracted,
248 can actually be saved.
249
250 So, we should not always say it's always, and it's not always
251 preferable. It depends on the situation. I think there's been too
252 much made of implants in the last few years, where there were
253 teeth that could be saved, are taken out, so that implants can be put
254 in. I'm not sure I can agree with that always, so the answer is that
255 it's false, and give due consideration to all alternatives.
256
257 **Salvador Gaytan:** Okay, and question number two: Over one million implants are
258 placed every year by American dentists, that is true.
259
260 **Dr. John Chao:** That is true. It's more and more -- and that was true in 2005, so I'm
261 sure they're a lot more now. It's increasing by 10%, 15%, 20%
262 every year. It is effective. It is safe when done correctly.
263
264 **Salvador Gaytan:** Okay, and question number three: Over five million, that's amazing
265 -- five million teeth are knocked out every year in the U.S., that's
266 true.
267
268 **Dr. John Chao:** Yeah. It costs about \$500 million to replace those teeth. On the
269 average, it's about \$500 per tooth. Up to 40% of the dental injuries
270 are sports related. Guess which tooth gets knocked out or injured?
271
272 **Salvador Gaytan:** I'm going to say the front two teeth.
273
274 **Dr. John Chao:** Yeah.
275
276 **Salvador Gaytan:** What do you call the front two teeth?

277
278 **Dr. John Chao:** Maxillary Central Incisors, they're the most commonly injured.
279
280 **Salvador Gaytan:** Because they're out in front.
281
282 **Dr. John Chao:** In the front, and particularly if a kid has the two front teeth sticking
283 out before braces are put in, and they fall down, if somebody hits
284 them, then they [crosstalk].
285
286 **Salvador Gaytan:** That's why you see hockey players and boxers common to have
287 those choppers [crosstalk]?
288
289 **Dr. John Chao:** Yes. By the way, everybody remember if your child's tooth got
290 completely knocked out, save it. Put it in some milk, put it in
291 something wet and run to the nearest dentist and have it replanted
292 back into the jaw.
293
294 **Salvador Gaytan:** Now, and that means quickly. That doesn't mean wait the weekend,
295 that means they have to bundle it in emergency.
296
297 **Dr. John Chao:** No. Every minute counts.
298
299 **Salvador Gaytan:** Every minute.
300
301 **Dr. John Chao:** Every minute counts. Get it there before the hour. Don't scrape it,
302 don't wash. If it's dirty, of course just rinse it, but put it in some
303 kind of liquid. After you rinse it, you can actually put it in your
304 mouth. The saliva will keep the tooth relatively viable.
305
306 **Salvador Gaytan:** Question number four, Dr. John, people over 90 years old should
307 not waste their money on their teeth.
308
309 **Dr. John Chao:** Yeah, that's of course false. A person who is 90 should have a
310 quality of life, and be able to smile and eat well. It's not only good
311 for the general health of that person, but it's good for his or her
312 mental state, to be able to smile and eat well. It's such an important
313 thing to the older folks.
314
315 **Salvador Gaytan:** We have a mutual friend, who is I think about 98 or so, Adrian,
316 who is a chipper, she's as sharp as a tack.
317
318 **Dr. John Chao:** Yeah. For people to say, "Don't do this and don't do that." That is
319 such a waste of energy, to discourage an older person to take care
320 of their teeth.
321
322 **Salvador Gaytan:** That's right.

323
324 **Dr. John Chao:** I see that, but on the other hand, I see a lot of older people who
325 really care for their teeth, and it's really inspiring how far they will
326 go.
327
328 **Salvador Gaytan:** And for anyone just tuning in, you're listening to SmileTalk with
329 Dr. John Chao of Alhambra Dental. You can reach Dr. John at
330 626-308-9104 or AlhambraDental.com and especially if you have
331 a very difficult dental case, Dr. John specializes in very, very great
332 solutions for difficult problems. Isn't that right, Dr. John?
333
334 **Dr. John Chao:** Yes, I will love to have you call us. If you have a special problem,
335 call us and see what we can do for you. Maybe we can even
336 answer your questions over the phone.
337
338 **Salvador Gaytan:** Yes, absolutely, okay. Last question of our Rapid Fire Five, Dr.
339 John. Wearing a bite guard can enhance athletic performance by at
340 least 10%. That's kind of a sort of true, maybe false, in between
341 there, isn't it?
342
343 **Dr. John Chao:** Yes, there's one study that come out of the Rutgers University,
344 sponsored by the manufacturer of this appliance, it's called Pure
345 Power Mouthguard, and if done properly, it allegedly aligns the
346 jaws in a proper relationship with the spine and enhances athletic
347 performance.
348
349 They were able to show in a kind of a double blind study that
350 athletes who have this mouth guard, can actually jump on the
351 average one inch higher than those who don't, actually one inch.
352
353 **Salvador Gaytan:** Maybe my niece Cierra could use one of those mouth guards, she'll
354 serve a little faster.
355
356 **Dr. John Chao:** Well, but it's only the jumping part.
357
358 **Salvador Gaytan:** Only the jumping part. Well, hey...
359
360 **Dr. John Chao:** Only the jumping part. So, if you're a basketball player or a high
361 jumper, and you want to break the record, and you're one inch less,
362 it might be worth your while to get something like that. It costs
363 \$1600 to make one.
364
365 **Salvador Gaytan:** \$1600, well, they could take up a donation.
366
367 **Dr. John Chao:** Yeah, so don't ask me to make one. I'm not sure I agree with this,
368 but anyway it's interesting to know.

369
370 **Salvador Gaytan:** Okay. Now, Dr. John, let's get to our case, the case that you have,
371 special case of the week, and you want to tell us about a young
372 man that came into your office, named Alan, and he had a difficult
373 case and you fixed him up. Tell us about it.
374
375 **Dr. John Chao:** Well, Alan came in with just bombed out front teeth.
376
377 **Salvador Gaytan:** How old is Alan?
378
379 **Dr. John Chao:** Alan is 22, and he's bombed out mouth, and his life is kind of
380 bombed out.
381
382 **Salvador Gaytan:** Now, that's a young age for bombed out teeth, isn't it?
383
384 **Dr. John Chao:** Yeah, he didn't take care of his teeth, and he has a long history, but
385 he kind of gave up on life for a little while, and then now he wants
386 to make an effort to come back, and with his parents' help, he
387 wanted to start with his teeth. It was really an interesting story, so
388 that day I found time and I fixed up his front teeth.
389
390 I filled them, I bonded them, and I worked on all 12 front teeth. By
391 the time I got done, he had a great smile. This was one happy guy.
392 We had pictures before and after, it is really nice, but the story
393 does not end there.
394
395 **Salvador Gaytan:** You did all this in one day?
396
397 **Dr. John Chao:** One day.
398
399 **Salvador Gaytan:** So, what time did he come in, and what time did he leave?
400
401 **Dr. John Chao:** He was there about 10'o clock, he didn't leave until about four. I
402 worked on him between patients and so on, but we got him fixed
403 up, because I knew he wanted it, and I wanted to -- I know this was
404 going to be a great before and after case. So, anyway it was good,
405 we felt good.
406
407 We congratulated him, he was very happy and left. Two weeks
408 later he came back, and I said to him, "How are things going?" He
409 says, "Fine,". I said, "What are you doing these days? Have you
410 done anything with your smile, have you looked for a job?" and
411 things like that? He says yeah. I said, "What job did you get?" He
412 says, "Well, I got a job of acting."
413
414 **Salvador Gaytan:** Acting?

415
416 **Dr. John Chao:** Yes. He has now become an actor. I said what happened? He said,
417 "I went online and I applied for a job, I sent them my photo. They
418 called me back, and they interviewed me and they gave me the
419 job." So, he started his acting job already when he came back two
420 weeks later.
421
422 **Salvador Gaytan:** Wow.
423
424 **Dr. John Chao:** So, that's an inspiring story of a young person who was basically
425 down. 22 years old, he came from -- good looking guy, and he was
426 just down on life, but he pulled himself up by his own bootstraps
427 and got his teeth fixed and went out there and got a job. So,
428 nobody should give up.
429
430 **Salvador Gaytan:** Now, he realized that pulling himself up, he was going to need a
431 good smile. That was item number one, wasn't it?
432
433 **Dr. John Chao:** Yeah. He said I'm going to start there, and we were instrumental in
434 helping him. Later on, he referred another patient who came in this
435 week, we'll talk about that case later, very interesting case also.
436
437 **Salvador Gaytan:** Well, that's a great story.
438
439 **Dr. John Chao:** Oh by the way, he found us because he heard this show.
440
441 **Salvador Gaytan:** Really?
442
443 **Dr. John Chao:** Yeah.
444
445 **Salvador Gaytan:** Well, that's fantastic.
446
447 **Dr. John Chao:** So, that made a very interesting...
448
449 **Salvador Gaytan:** He's one of a number of listeners that are starting to filter in to
450 solve their difficult situations, and you're going to profile more of
451 those as time goes on.
452
453 **Dr. John Chao:** Yeah, it's not that this show is for that purpose, but interesting
454 cases do come in from this show, and then we will report on them
455 with their permission, of course, and talk about them.
456
457 **Salvador Gaytan:** Absolutely. And if you're just tuning in, you're listening to
458 SmileTalk with Dr. John Chao from Alhambra Dental, the friendly
459 dentist, 626-308-9104, or AlhambraDental.com.
460

461 **Dr. John Chao:** Yeah, and let's hear from these two lovely ladies. I'm taking too
462 much time.
463
464 **Salvador Gaytan:** Oh, are we ready to hear from our special guests, Dr. John, do you
465 think?
466
467 **Dr. John Chao:** Yeah, absolutely, absolutely.
468
469 **Salvador Gaytan:** They've been quiet there, they've been waiting, they're bubbling.
470
471 **Dr. John Chao:** Yeah, I know, I know, let's stop talking, especially me. I'm going
472 to sit back and enjoy this.
473
474 **Salvador Gaytan:** Okay, okay, well, we are going to get to our special guest, which I
475 introduced earlier, Cierra and Noel. Noel is my sister, the mother
476 of Cierra, and Cierra, tell the audience how old you are right now.
477 We had her birthday about three months ago.
478
479 **Cierra:** I am 18 now, and I'm getting ready to go to college.
480
481 **Salvador Gaytan:** She is ready to go to college, and when are you going to college?
482
483 **Cierra:** Next August.
484
485 **Salvador Gaytan:** Next August.
486
487 **Cierra:** Or this August.
488
489 **Salvador Gaytan:** Well, it's not 2010 yet. August coming up 2010.
490
491 **Cierra:** Yes.
492
493 **Salvador Gaytan:** And I told them a little bit that you are going to college based on
494 tennis. So, tell us where you're going and why you're going there.
495
496 **Cierra:** I'm going to the University of Texas in Austin, and I'm going there,
497 because I fell in love with it, and they offered me a scholarship,
498 and I accepted.
499
500 **Salvador Gaytan:** Scholarship for what sport?
501
502 **Cierra:** For Tennis.
503
504 **Dr. John Chao:** Now, this is not just a scholarship, right? This is like a full blown
505 scholarship, room and board and all expenses paid, isn't that right?
506

507 **Cierra:** Yes.
508
509 **Dr. John Chao:** How much is that worth?
510
511 **Cierra:** Oh gosh.
512
513 **Salvador Gaytan:** Probably I don't know, \$35,000 or \$50,000 a year or something
514 like that.
515
516 **Dr. John Chao:** It will be worth about \$200,000 by the end of four years?
517
518 **Cierra:** Well, they give me five years to graduate, paid for.
519
520 **Dr. John Chao:** Okay, but it's a big sum.
521
522 **Cierra:** Yeah.
523
524 **Salvador Gaytan:** It's a big sum.
525
526 **Dr. John Chao:** If somebody is willing to write you a check for \$150,000,
527 \$200,000 just for you to play tennis, I mean that is quite an honor.
528
529 **Cierra:** It really is.
530
531 **Salvador Gaytan:** That is right, and it was quite a road. We're going to get into some
532 of the details of how you got there, because it wasn't easy, was it?
533
534 **Cierra:** No, it was not.
535
536 **Salvador Gaytan:** It was not, it was not, and we have Noel, and she has been
537 instrumental. In fact, Noel, actually she played tennis high school
538 and college at Orange Coast College, and she actually had a big
539 year at Orange Coast College a few years ago. What was that,
540 Noel?
541
542 **Noel:** I was the double state champion. I won {O High} doubles, and we
543 were the number one team in the state as well.
544
545 **Salvador Gaytan:** And that was for junior college?
546
547 **Noel:** Junior college.
548
549 **Salvador Gaytan:** Junior college, fantastic. So, that's kind of the -- you kind of got
550 Cierra interested in tennis in the beginning.
551
552 **Noel:** You could say that.

553
554 **Salvador Gaytan:** Yeah. Now, Cierra, but you had another sport that you were very
555 good in as well, what was that?
556
557 **Cierra:** I used to play golf when I was younger, and play golf tournaments
558 as well.
559
560 **Salvador Gaytan:** You won a number of events in junior golf, isn't that right?
561
562 **Cierra:** Yes.
563
564 **Salvador Gaytan:** But the biggest thing was in -- at Corona del Mar, you played two
565 sports in one season at the same time. Tell us a little bit about that.
566
567 **Cierra:** That was tough. I was super busy going back and forth.
568
569 **Salvador Gaytan:** Now, what year was this in high school?
570
571 **Cierra:** My sophomore year.
572
573 **Salvador Gaytan:** Okay, at Corona del Mar high school.
574
575 **Cierra:** Yes, at Newport Beach. I became first team all league in golf and
576 tennis that year. So, that was a big deal.
577
578 **Salvador Gaytan:** Wow. Now, mom, wasn't that a little difficult, because they are in
579 the same season, aren't they?
580
581 **Noel:** Absolutely, but I'd like to add something to that. Her tennis team
582 won CIF, the highest division in girl sports. Her golf team went
583 undefeated for the first time since girl's golf had started 11 years
584 ago. So, she was on two very strong teams in very strong high
585 school divisions.
586
587 **Salvador Gaytan:** Now, their golf team was undefeated in league, right?
588
589 **Noel:** In league.
590
591 **Salvador Gaytan:** In league, yeah, and then they went to the playoffs.
592
593 **Noel:** They went to the playoffs.
594
595 **Salvador Gaytan:** Well, that is fantastic. Now, they are also, Dr. John, they are also
596 patients of yours.
597

598 **Dr. John Chao:** Yeah, and actually I'm trying to put it into the correct timeline. It
599 seems to me she didn't get really this good until her teeth were all
600 straightened up.
601
602 **Salvador Gaytan:** Now, you're getting somewhere.
603
604 **Dr. John Chao:** Yeah, with the great smile and everything. So, it seemed like that
605 kind of fell into place.
606
607 **Salvador Gaytan:** So, in other words, you are really responsible for her success.
608
609 **Dr. John Chao:** Well, I can claim a little bit of that thing.
610
611 **Salvador Gaytan:** I like it.
612
613 **Dr. John Chao:** Maybe that appliance was actually good.
614
615 **Salvador Gaytan:** There you go.
616
617 **Dr. John Chao:** I did give her a special mouth guard for orthodontics, maybe there
618 is something to it.
619
620 **Salvador Gaytan:** That's true, that's true. Now Cierra -- we're not going to get into all
621 of it in this show, because we're coming to our last few minutes,
622 but we're going to carry it onto the next show as well. But you're
623 going to the University of Texas, you have a little history for us,
624 because we don't know much about Texas, about when Texas was
625 established, and they have a mascot with an interesting name. Tell
626 us a little bit about the University of Texas.
627
628 **Cierra:** Well, the University of Texas, it was established in 1883, and their
629 mascot is actually a live bull, I want to say, and his name is Bevo.
630
631 **Salvador Gaytan:** Bevo, okay.
632
633 **Cierra:** Yeah, and Bevo was originally a pit-bull dog actually.
634
635 **Salvador Gaytan:** You mean their original mascot was a pit-bull dog?
636
637 **Cierra:** Yes.
638
639 **Salvador Gaytan:** So, what year did Bevo come into existence?
640
641 **Cierra:** He came into existence in 1916.
642
643 **Salvador Gaytan:** Bevo, what is the mascot, what does he look like?

644
645 **Cierra:** He looks like a bull with long, huge two horns.
646
647 **Salvador Gaytan:** Is that where the symbol -- I can't see it on TV, but that's the
648 symbol they use, the fans, the horns?
649
650 **Cierra:** Yes, that is the symbol.
651
652 **Salvador Gaytan:** Okay, fantastic. So, why was Texas your -- I mean was it your
653 number one choice or do you want to go somewhere else and you
654 just wound up there, what was the deal on that?
655
656 **Cierra:** I have always wanted to go to UT since my sophomore year, since
657 I first saw it, fell in love with it.
658
659 **Salvador Gaytan:** Okay, and so you're pretty excited about going there, you have to
660 wait a little bit though.
661
662 **Cierra:** I do.
663
664 **Salvador Gaytan:** I hear that you've come to an agreement with me as your favorite
665 uncle, that I get to room with you as well, is that true?
666
667 **Cierra:** No way, but you do get to come to the football game with me.
668
669 **Salvador Gaytan:** Oh my gosh. Well, Dr. John, that reminds me, there is an event
670 going on, that you got some tickets for, coming up with Texas, isn't
671 it?
672
673 **Dr. John Chao:** Yeah, I was able to get eight tickets to the upcoming BCS game,
674 that's going to be between UT...
675
676 **Cierra:** Texas and Alabama.
677
678 **Dr. John Chao:** And Alabama.
679
680 **Salvador Gaytan:** That's right.
681
682 **Dr. John Chao:** So, as a loyal Trojan, I have adopted UT.
683
684 **Salvador Gaytan:** For one game.
685
686 **Dr. John Chao:** At least for one game.
687
688 **Cierra:** No.
689

690 **Dr. John Chao:** No, I'm kind of a Longhorn fan now.
691
692 **Salvador Gaytan:** I think it's going to [crosstalk].
693
694 **Cierra:** You have all your shirts.
695
696 **Dr. John Chao:** Yeah, and I got a shirt from Cierra for Christmas, that says, "Uncle
697 Longhorn."
698
699 **Cierra:** Yes.
700
701 **Dr. John Chao:** So, I'll be wearing that to the game.
702
703 **Salvador Gaytan:** Excellent, excellent, well, that is fantastic. Now, Noel, how are --
704 you've had Cierra, and we're going to get to that probably in our
705 next show. You've had Cierra in practices, in training, and it's been
706 a long process. How are you going to feel when she leaves for
707 Texas? What are you going to do? Are you going to get used to it
708 by then?
709
710 **Noel:** I'm working on it.
711
712 **Dr. John Chao:** She gave me a tennis racket. Now, she's going to be training me
713 after Cierra leaves.
714
715 **Salvador Gaytan:** You're going to be the next protégé?
716
717 **Dr. John Chao:** Yeah, she's going to train me. It's going to be a tough project.
718
719 **Noel:** Dr. John is going to be -- he's going to be the highest ranked in his
720 age division.
721
722 **Salvador Gaytan:** I like it.
723
724 **Dr. John Chao:** I don't know about that one.
725
726 **Salvador Gaytan:** So, you're going to be doing dentistry during the week, and then
727 tennis phenom in the weekends, is that right?
728
729 **Dr. John Chao:** Yeah, well, with her teaching me, I may have a chance, but I'll
730 have to join the 80s group.
731
732 **Salvador Gaytan:** Dr. John, come on now, you don't want to pick on those guys.
733
734 **Dr. John Chao:** Well, I respect seniors, maybe we talk about seniors?
735

736 **Salvador Gaytan:** That's true, that is true. Well, we're coming to...
737
738 **Dr. John Chao:** They'll probably beat me anyway.
739
740 **Salvador Gaytan:** Well, no, not with a few more lessons. Do you really think you can
741 whip him in shape and all?
742
743 **Noel:** I think I can.
744
745 **Salvador Gaytan:** Using the same technique you used on your cub over there?
746
747 **Noel:** Absolutely, run him around.
748
749 **Salvador Gaytan:** Run him around is right, ladies and gentlemen. Well, we're coming
750 to the last few seconds of our show, and like I said we're going to
751 have Noel and Cierra back on our next show as well, because
752 there's a lot of other interesting information.
753
754 But you know what, this show is going to air a couple of days after
755 -- this will be our show for just after New Years. So, there are
756 some New Years resolutions, and very quickly, what is your New
757 Year's resolution, Dr. John?
758
759 **Dr. John Chao:** Add some beef, get buffed up.
760
761 **Salvador Gaytan:** Get buffed up, okay. And Cierra, your resolution?
762
763 **Cierra:** To become a better tennis player.
764
765 **Salvador Gaytan:** Better tennis player even, okay. And Noel, your resolution?
766
767 **Noel:** To get in fabulous good health.
768
769 **Salvador Gaytan:** Fabulous good health.
770
771 **Dr. John Chao:** And make Dr. John a good tennis player.
772
773 **Salvador Gaytan:** There you go, folks, there you go. Well, mine will be better
774 physical fitness too, and keep that going, and better golf. Well,
775 that's the conclusion of our show, Dr. John.
776
777 **Dr. John Chao:** Goodbye everybody.
778
779 **Salvador Gaytan:** Goodbye.
780
781 **Cierra:** Bye.

782

783 *Noel:* Bye.

784

785 *Dr. John Chao:* See you next week.

786

787 [Music - *Auld Lang Syne* - *Dr. John Chao*]

788

789 [END OF AUDIO]