

1 **Salvador Gaytan:** Welcome to SmileTalk, an entertaining and informative dental talk
2 show, featuring the latest news and developments in dentistry. I'm
3 Salvador Gaytan, and I'm here with...?
4
5 **Dr. John Chao:** Dr. John Chao, hi everybody.
6
7 **Salvador Gaytan:** The extra friendly dentist. We are going to put extra friendly.
8
9 **Dr. John Chao:** Extra friendly dentist with his extra friendly dental assistants and
10 special guests.
11
12 **Salvador Gaytan:** That is correct. We have, from our last show, we have Maria and
13 Joy, who both work at your office. Isn't that right, Dr. John?
14
15 **Dr. John Chao:** Yes, and we have another special guest, and her name is {Yoly}.
16 Hi {Yoly}.
17
18 **Female Speaker:** Hi.
19
20 **Salvador Gaytan:** She is only three years old, isn't that right?
21
22 **Dr. John Chao:** Yes, what's my name, Yoly? Dr...?
23
24 **Female Speaker:** Dr. Chao.
25
26 **Dr. John Chao:** Yeah, you got it! I want to thank you.
27
28 **Salvador Gaytan:** That's Maria's daughter, who works for you.
29
30 **Dr. John Chao:** Yes.
31
32 **Salvador Gaytan:** Okay, now Dr. John, we're going to have a little fun on this show.
33 Usually we start with a Rapid Fire Five, but in place of that, we're
34 just going to have a kind of a Rapid Fire contest, a battle of your
35 dental assistants, isn't that right?
36
37 **Dr. John Chao:** Well, I feel a little bit uneasy, because I'm sitting between the two
38 of them.
39
40 **Salvador Gaytan:** Well, you're the referee and the arbitrator, isn't that what the
41 referee does?
42
43 **Dr. John Chao:** Yeah, I am in the danger zone. I'm in danger of crossfire here.
44
45 **Salvador Gaytan:** See, I'm in the corner there, I have some refuge.
46

47 **Dr. John Chao:** Yeah, you have the safe spot.
48
49 **Salvador Gaytan:** You're darn right I do, because I'm going to ask the questions, and
50 we're going to keep score. The way we're going to do it is, if they
51 have the answers, they're going to kind of raise their hand, give a
52 little tap on the table, but if they answer incorrectly, it's a -3, if
53 they answer correctly, it's a +5. This is for full pride and dignity,
54 and the winner gets the other one's Christmas bonus, isn't that
55 right Dr. John?
56
57 **Dr. John Chao:** No.
58
59 **Salvador Gaytan:** Oh, that's not right.
60
61 **Dr. John Chao:** They are going to get some special gift from you.
62
63 **Salvador Gaytan:** From me? Okay.
64
65 **Dr. John Chao:** That will be worth just as much as their Christmas bonus.
66
67 **Salvador Gaytan:** Okay, I'll have to come with a special...
68
69 **Dr. John Chao:** We don't want to penalize one against the other.
70
71 **Salvador Gaytan:** Well, I'm just kidding there.
72
73 **Dr. John Chao:** Sal, no we're not. You're stuck with a bonus for the winner.
74
75 **Salvador Gaytan:** I will come up with a bonus. I need to be impressed here.
76
77 **Dr. John Chao:** Okay, alright, we'll hold you to it.
78
79 **Salvador Gaytan:** Maria and Joy, are you ready for this first ever battle of the
80 assistants?
81
82 **Maria Navarro:** I am ready.
83
84 **Joy Balino:** Yes, I am ready.
85
86 **Dr. John Chao:** Yeah, this is another historical program.
87
88 **Salvador Gaytan:** Okay, we're getting a little...
89
90 **Dr. John Chao:** We have all kinds of historical programs.
91
92 **Maria Navarro:** You're going down, Joy.

93
94 **Joy Balino:** Oh, Maria.
95
96 **Salvador Gaytan:** It's tough folks. I'm glad you're in the middle Dr. John. They were
97 sitting in their chairs, loose and relaxed, and now they're kind of
98 tensed, their shoulders are up. I mean they're ready to go.
99
100 **Dr. John Chao:** Yeah, their postures are good now.
101
102 **Salvador Gaytan:** The postures are good now. Let's get to this with a kind of a
103 simple one. Let's see if you've been paying attention to some of
104 the past shows or not, or you'll have to guess. George Washington,
105 the first President of our country, true or false, he wore dentures?
106 Maria was first on the -- let's see, true or false, Maria?
107
108 **Maria Navarro:** True.
109
110 **Salvador Gaytan:** True, what is that Dr. John?
111
112 **Dr. John Chao:** That's true.
113
114 **Salvador Gaytan:** That is correct, okay, Maria starts off with a +5. Okay, next
115 question, true or false, Benjamin Franklin is the man on our \$100
116 bills, true or false, he was not a dentist. Maria, she tapped.
117
118 **Maria Navarro:** I'm thinking true, he was not a dentist.
119
120 **Dr. John Chao:** False.
121
122 **Salvador Gaytan:** False. I threw that one in there, because I knew they were going to
123 go for it.
124
125 **Dr. John Chao:** Paul Revere was the dentist.
126
127 **Salvador Gaytan:** That's right. So, that's a -3 for Maria. She still leads though, two
128 points. Joy has yet to get on the board. You're going to get on the
129 board, right, Joy?
130
131 **Joy Balino:** Yeah, I guess so.
132
133 **Dr. John Chao:** Paul Revere was actually George Washington's dentist at one time.
134
135 **Salvador Gaytan:** That's right. Okay, question number three here: Men are more
136 prone to bad breath than women. Ooh, Joy, got on it.
137
138 **Joy Balino:** Yes.

139
140 **Salvador Gaytan:** What is that, Dr. John, Men...?
141
142 [Crosstalk]
143
144 **Dr. John Chao:** I don't think there is a wrong answer to that, nobody really knows.
145 It depends on what your personal opinion is. So, both get 5 I think.
146
147 **Salvador Gaytan:** Okay, we'll give them both 5 there, I'll give them both 5. Okay,
148 next question: Women are more prone to lose teeth during
149 pregnancy. Oh, Joy is quick on that one.
150
151 **Joy Balino:** Yes.
152
153 **Salvador Gaytan:** True, what is that Dr. John?
154
155 **Dr. John Chao:** Well, yeah, in a way it's true. There is such a thing as pregnancy
156 gingivitis, the inflammation and disease of the gum, that is related
157 to hormonal release during pregnancy. So, it is not just the old
158 wives tale, pregnant women lose teeth as a result of pregnancy.
159
160 **Salvador Gaytan:** Okay, next question ladies. There are some mouthwashes without
161 alcohol, but they are not effective, true or false? Maria tapped in.
162
163 **Maria Navarro:** False.
164
165 **Dr. John Chao:** That's correct. Alcohol or not, it works.
166
167 **Salvador Gaytan:** That is right.
168
169 **Maria Navarro:** Give me my 5 points.
170
171 **Salvador Gaytan:** Another 5 points. Well, the score right now is Maria: 12, Joy: 10.
172 So, it's pretty nip and tuck here. Okay, next question ladies: People
173 who clench their teeth while sleeping are more prone to tooth loss
174 if they're over 50, true or false? Joy.
175
176 **Joy Balino:** False.
177
178 **Salvador Gaytan:** Why is that false, Joy?
179
180 **Joy Balino:** I don't know. Good question.
181
182 **Dr. John Chao:** Well, that's actually a good answer, because nobody really knows.
183
184 **Salvador Gaytan:** I threw in the 50.

185
186 **Dr. John Chao:** Actually the 50, that's the joker, nobody knows the answer to that
187 one.
188
189 **Salvador Gaytan:** Exactly. I threw that trick there, she still got it. Okay, that's five
190 for Joy.
191
192 **Dr. John Chao:** We kind of stretched that one.
193
194 **Salvador Gaytan:** I like that one. I'm just throwing some stuff in to throw them off,
195 because they think they're big stuff right now, that's what I'm
196 picking up, Dr. John.
197
198 **Dr. John Chao:** But we wish we give the audience the correct answer though.
199
200 **Salvador Gaytan:** What is the correct answer?
201
202 **Dr. John Chao:** The correct answer is, if you have gum disease already, that means
203 the bone support around your teeth are not good, and then you also
204 clench, then you're putting extra stress on the bone and the
205 foundation of your teeth, which can exacerbate gum disease, and
206 accelerate tooth loss. So, that's the actual answer.
207
208 If you have healthy teeth in terms of having no gum disease, then
209 grinding your teeth does not necessarily cause those teeth to
210 loosen, although they are probably more likely to break. So, in a
211 way, the answer would be, if you clench your teeth a lot habitually,
212 it tends to cause problems to your teeth or to the gums.
213
214 **Salvador Gaytan:** Okay, next question ladies. Now, we had some special guests on
215 our show a little while ago, some daughters from people that work
216 at your office, Dr. John. They did an experiment on juice, coffee,
217 coke on teeth, with eggshells. You remember that one, right?
218
219 **Dr. John Chao:** Yeah, Selena, Claudia's daughter, did an experiment, yes.
220
221 **Salvador Gaytan:** Yeah, with another daughter, another...
222
223 **Dr. John Chao:** Yeah, with another friend of Selena's.
224
225 **Salvador Gaytan:** Correct, okay now, ladies, the question is this: They did an
226 experiment to determine which liquid was more harmful to teeth.
227 Your options are, was it Coca Cola? Joy tapped out, I didn't even
228 get to finish the question, and Joy tapped in, so I hope she knows
229 it.
230

231 **Joy Balino:** It's actually the Coca Cola, the soda, it's too...
232
233 **Maria Navarro:** She's wrong.
234
235 **Joy Balino:** No, no, no, what's the matter?
236
237 **Maria Navarro:** No, it wasn't.
238
239 **Joy Balino:** For the baby teeth.
240
241 **Dr. John Chao:** Okay, finish the question first. Why don't you just [inaudible] the
242 question? [Crosstalk]
243
244 **Salvador Gaytan:** Man, they're about to kill each other Dr. John, glad you're in the
245 middle there.
246
247 **Dr. John Chao:** I'm getting all kinds of flack.
248
249 **Salvador Gaytan:** I'm glad you're in the middle. The full question was going to be
250 the options of which was more harmful to teeth? Was it Coca Cola,
251 Milk, Water or Cranberry Juice?
252
253 **Maria Navarro:** It was the Cranberry Juice.
254
255 **Salvador Gaytan:** Yes.
256
257 **Maria Navarro:** I knew it.
258
259 **Salvador Gaytan:** Yes, you are -- isn't that right, Dr. John?
260
261 **Joy Balino:** You watched it, you heard it.
262
263 **Dr. John Chao:** That particular experiment with cranberry juice, ordinarily it will
264 be the coke. But that cranberry juice happened to have a very high
265 sugar content. So, cranberry juice doesn't necessarily have that
266 much sugar content, but that one particularly had a lot. So, that
267 one, it turned out that cranberry juice dissolved the eggshells a lot
268 quicker and faster than coke or water or milk.
269
270 **Salvador Gaytan:** That is correct. Sorry, Joy.
271
272 **Joy Balino:** That's okay.
273
274 **Maria Navarro:** So, Joy, -3.
275
276 **Joy Balino:** I know, I know, it's minus already.

277
278 **Dr. John Chao:** Coke is pretty powerful; it's pretty acidic and sweet.
279
280 **Salvador Gaytan:** Yeah, it's pretty powerful. It doesn't mean you want to drink a lot
281 of coke, it's bad too. Anyone tuning in, you're listening to
282 SmileTalk with Dr. John, the friendly dentist. You can reach him
283 or contact him at AlhambraDental.com or 626-308-9104.
284
285 Right now, we're in the middle of a fight, really I guess, between
286 his dental assistants over who's going to reign supreme, because
287 we're having a little game show here right now. It's getting tense.
288
289 **Dr. John Chao:** Then, if you didn't catch all of it, you want to re-experience this
290 show, click onto AlhambraDental.com and click SmileTalk. There
291 will be a whole inventory of previous broadcasts, and then pick
292 whichever one you want, you'll be able to listen to this program
293 again.
294
295 **Salvador Gaytan:** Excellent, okay, the next question, are you ready ladies?
296
297 **Joy Balino:** Yes.
298
299 **Salvador Gaytan:** Okay, right now, the score is Maria: 17, Joy: 12, so it is nip and
300 tuck. We are going to have a bonus question worth 10 points at the
301 end. So, now, the next question is: Smokers on average tend to
302 have more problems with their teeth. True? Ooh, Maria.
303
304 **Maria Navarro:** True.
305
306 **Salvador Gaytan:** That is correct Maria, that is correct.
307
308 **Dr. John Chao:** That's true, especially as to gum disease. It seems to exacerbate the
309 problem and accelerate the process of inflammation around the
310 teeth and cause tooth loss, but I should hasten to say that beyond
311 the gum disease problem, there is the increased risk of oral and
312 Pharyngeal Cancer, Esophageal Pharyngeal Cancer.
313
314 **Salvador Gaytan:** It sounds very, very bad.
315
316 **Dr. John Chao:** So, yeah, one out of 20 cancers are found in the oral cavity, and the
317 esophageal area. That's to a great extent related to smoking. So,
318 one out of 20 cancers actually originate in the oral cavity or the
319 Esophageal Pharyngeal area.
320
321 **Salvador Gaytan:** Wow, okay.
322

323 **Dr. John Chao:** So, don't smoke.
324
325 **Salvador Gaytan:** Don't smoke.
326
327 **Dr. John Chao:** There was an experiment that showed that if there are 11 people
328 who have gum disease, and they are all smokers, only one person
329 out of the 11 ended up keeping their teeth. It's that bad. So, if you
330 want to keep your teeth, don't smoke.
331
332 **Salvador Gaytan:** Next question. George Washington's dentures were made out of
333 one of these following; steel, marble, wood or cobalt? Maria?
334
335 **Maria Navarro:** Wood.
336
337 **Salvador Gaytan:** Yeah, she jumps in there with the wood, Dr. John. She'd been
338 listening to your show {oh my God}?
339
340 **Maria Navarro:** Actually I work [inaudible].
341
342 **Dr. John Chao:** Did you hear the silly joke about George Washington going to Paul
343 Revere for his dental exam?
344
345 **Salvador Gaytan:** No.
346
347 **Dr. John Chao:** Paul Revere looked at George. He says, "George, I've got good
348 news and bad news. The good news is you have no cavities, but the
349 bad news is, you have termites."
350
351 **Salvador Gaytan:** Termites in the dentures, horrible.
352
353 **Dr. John Chao:** Horrible joke. That's from my high school days.
354
355 **Salvador Gaytan:** Your high school days, huh?
356
357 **Dr. John Chao:** It just triggered it. These silly moments, I remember all my silly
358 jokes.
359
360 **Salvador Gaytan:** This has come into play. Okay, next question ladies. True or false,
361 caretakers/parents can pass on germs to their kids for life. Joy,
362 jumped in there.
363
364 **Joy Balino:** Of course, true.
365
366 **Salvador Gaytan:** True, why is that true, Dr. John?
367
368 **Dr. John Chao:** Well, let Joy explain.

369
370 **Salvador Gaytan:** Go ahead Joy.
371
372 **Joy Balino:** Well, of course if let's say you have a baby. You're feeding your
373 baby, and you're using the same spoon, you're feeding your son or
374 your daughter with the same spoon as you're putting it inside of
375 your mouth. So, whatever germs you have inside of your mouth,
376 you're passing it onto your child. So, definitely you're passing the
377 bacteria, and whatever problem...
378
379 **Dr. John Chao:** But why would you want to eat baby food?
380
381 **Maria Navarro:** You're checking to make sure it's the right temperature.
382
383 **Dr. John Chao:** Okay, well that's the connection.
384
385 **Maria Navarro:** If it's too saucy.
386
387 **Joy Balino:** Yeah, hot, cold.
388
389 **Dr. John Chao:** I didn't know you liked baby food.
390
391 **Joy Balino:** No, no.
392
393 **Salvador Gaytan:** Sprouts and baby carrots.
394
395 **Joy Balino:** Yeah, just kidding.
396
397 **Dr. John Chao:** So, is that pretty common, that the mothers would taste the food
398 with the spoon, and then put it in the...
399
400 **Joy Balino:** True, true, I've seen it. Since I am with my son, I never did it. So, I
401 already knew.
402
403 **Dr. John Chao:** You mean baby bottle right, they put warm milk or something,
404 they would kind of taste it first?
405
406 **Joy Balino:** Not the bottle, but mainly on the spoon, because that's what you're
407 feeding your child.
408
409 **Salvador Gaytan:** That's not recommended, is it Dr. John?
410
411 **Dr. John Chao:** Well, no -- has your mother done it to you Yolanda?
412
413 **Maria Navarro:** She is like no comment.
414

415 **Salvador Gaytan:** No comment.
416
417 **Dr. John Chao:** There's no comment there. Okay Yoly.
418
419 **Salvador Gaytan:** Okay, the score is 17 to 27. Joy: 17, Maria: 27, still nip and tuck.
420 How am I going to throw them off Dr. John? They are answering
421 too many of my questions.
422
423 **Dr. John Chao:** Just mix them up.
424
425 **Salvador Gaytan:** I'm going to mix them up, it's right. Okay, how many teeth does
426 the average human being have out of these numbers? Well, Maria
427 just tapped in early there, so you know what, go ahead.
428
429 **Maria Navarro:** 32.
430
431 **Salvador Gaytan:** Dr. John?
432
433 **Dr. John Chao:** Correct. Most cases, sometimes they have more, and sometimes
434 they have less, but generally it's 32.
435
436 **Salvador Gaytan:** 32, okay. I'm going to throw you a little curveball here. How many
437 teeth does the average monkey have? I have the answer right here.
438 Is it 26, 36 or 38 or none of the above? Joy?
439
440 **Joy Balino:** I think it's none of the above.
441
442 **Dr. John Chao:** I think it depends upon what kind of monkey you're talking about.
443
444 **Joy Balino:** I know. That's why it's none of the above.
445
446 **Salvador Gaytan:** I picked this up before I came here, Dr. John.
447
448 **Dr. John Chao:** We have some here.
449
450 **Salvador Gaytan:** Are you looking at me as a monkey, Dr. John? Come on now. I
451 actually picked this up before I came here, and you know what,
452 Joy, what'd you say?
453
454 **Joy Balino:** None of the above.
455
456 **Salvador Gaytan:** None of the above is right, because the answer is 32.
457
458 **Maria Navarro:** No way.
459

460 **Salvador Gaytan:** Yes, they share the most traits with an average human being, the
461 monkeys. So, she was right, none of the above, I didn't give that
462 answer. Very good, Joy.
463
464 **Dr. John Chao:** Why do you know so much about monkeys?
465
466 **Salvador Gaytan:** Because Dr. John, working on your show, I have to come up -- and
467 you know what, I'm going to throw in another...
468
469 **Dr. John Chao:** You're throwing too many monkey wrenches. Maybe that's why
470 the monkey wrenches keep on coming at me.
471
472 **Salvador Gaytan:** Dr. John, doing this show, we've done, I don't know, 30 plus
473 shows, I'm thinking about teeth every week now, okay? So, I have
474 another trick question.
475
476 **Dr. John Chao:** Next time, we would need a dental assistant, we have to call you.
477
478 **Salvador Gaytan:** That's right. My next question ladies, this is a bonus question,
479 [inaudible], this is worth 10 points. The score is now 22 to 32. The
480 average shark has how many -- it's a two part question by the way.
481 You got to get both parts to get the points. The average shark has
482 how many teeth, 1000, 2500 or 3000? That's the first part, 1000,
483 2500 or 300, how many teeth does the average shark have?
484
485 **Maria Navarro:** I can't afford to lose any points. Go ahead, Joy.
486
487 **Joy Balino:** I don't know, no.
488
489 **Salvador Gaytan:** Nobody wants to chime in here.
490
491 **Joy Balino:** No, I don't want to.
492
493 **Salvador Gaytan:** Nobody wants to chime in here.
494
495 **Joy Balino:** I'll be losing a lot of points on this one.
496
497 **Salvador Gaytan:** The second part is -- see the second part. The second part is, true or
498 false, when a shark loses a teeth, another one takes its place.
499 Maria?
500
501 **Maria Navarro:** True.
502
503 **Salvador Gaytan:** That is true, that is true. But now Maria, the bad news is, since
504 you...
505

506 **Maria Navarro:** I know I have to answer.
507
508 **Salvador Gaytan:** So, you have to answer the next part of the question. Is it 1000,
509 2500 or 3000 teeth, the average shark has?
510
511 **Maria Navarro:** God, I'm thinking 2500.
512
513 **Salvador Gaytan:** Wrong, 3000. So, you got no points, and a -3, how does that
514 [inaudible] Maria?
515
516 **Dr. John Chao:** That wouldn't be right, because both of them defaulted on the
517 question.
518
519 **Salvador Gaytan:** No, she did not answer. She did not answer to make a wrong
520 answer, but she jumped in.
521
522 **Dr. John Chao:** Well, she jumped in to answer the second one.
523
524 **Salvador Gaytan:** Dr. John, are you trying to be nice right now, because you're in the
525 middle?
526
527 **Dr. John Chao:** No, because I have to work with them every day.
528
529 **Salvador Gaytan:** You have to work with them. Well, that's good, you're the nice...
530
531 **Dr. John Chao:** I have to work in the back with Maria, and Joy is in the front.
532
533 **Salvador Gaytan:** Yeah, well I don't have to work with them, well I'm the mean guy,
534 how about that? I say it's 27 for Maria, and 22 for Joy. This is nip
535 and tuck.
536
537 **Dr. John Chao:** Okay, well it's still a close match.
538
539 **Salvador Gaytan:** Yeah, it's a close match. We're getting down to the wire. We only
540 have a few questions left ladies, so I would put on your thinking
541 caps. The next question is this, true or false, there are no treatments
542 for people who have low levels of tooth enamel, true or false?
543 Well, Joy was in there first.
544
545 **Joy Balino:** There is a treatment for those.
546
547 **Salvador Gaytan:** There is?
548
549 **Joy Balino:** For the enamel, you can...
550
551 **Salvador Gaytan:** For low tooth enamel.

552
553 **Joy Balino:** Low tooth enamel?
554
555 **Salvador Gaytan:** Low levels of tooth enamel.
556
557 **Joy Balino:** Well, their teeth are becoming sensitive, so pretty much there is a
558 way that you can do applying fluoride, and it lessens the
559 sensitivity, but then replacing the enamel of course there's none.
560 But I don't know the answer.
561
562 **Salvador Gaytan:** Dr. John, Dr. John, you're the referee, we got it tangled up.
563
564 **Dr. John Chao:** I don't know about the quality of that question.
565
566 **Joy Balino:** You don't?
567
568 **Dr. John Chao:** The level of the enamel.
569
570 **Salvador Gaytan:** We're all -- hey, Dr. John, I'm here to trip them up now, not to
571 make them look good, even though they're smart.
572
573 **Dr. John Chao:** Well, there is a condition called Enamel genesis imperfecti, and
574 that's a condition where the teeth are -- people are born with teeth
575 that don't have enamel. Those people have to have special
576 treatment. They have to have crowns and caps to protect whatever
577 they have, because without enamel the teeth decays very, very
578 quickly.
579
580 There are those people who have worn down their enamel, who
581 have brushed off their enamel, and those people can have
582 restorations, have fillings, and they can cover it up, wear crowns
583 and so on. So, actually Joy is right. If you're sensitive, you can
584 apply fluoride or certain chemicals to desensitize the teeth.
585
586 **Salvador Gaytan:** Excellent. So, we give her five points for that, Joy, even though --
587 but she did get it right. 27 for Joy, 30 -- no.
588
589 **Maria Navarro:** Get it right, Sal.
590
591 **Salvador Gaytan:** No, wait a second there, no, we had the -5. 27 to 27, this is a full
592 fledged tie.
593
594 **Dr. John Chao:** Nip and tuck here.
595
596 **Joy Balino:** Okay Maria, we're going to split.
597

598 **Dr. John Chao:** You see how problems get solved?
599
600 **Salvador Gaytan:** I know, they're trying to get in cahoots. Let me tell you something.
601
602 **Dr. John Chao:** Somehow it gets solved.
603
604 **Salvador Gaytan:** Well, there are no ties in my game. We're going to have a winner
605 one way or -- even if we have to arm wrestle at the end. Okay, here
606 we go ladies...
607
608 **Dr. John Chao:** Get me out of the way first.
609
610 **Salvador Gaytan:** If you've been listening to the show, we talked about this.
611 Approximately when did Americans customarily brushed their
612 teeth on a daily basis? You get the decade that this happened.
613
614 **Dr. John Chao:** You mean not morning or night?
615
616 **Salvador Gaytan:** Not morning or night, what...
617
618 **Dr. John Chao:** You're talking about what year?
619
620 **Salvador Gaytan:** What year, what decade, year, did Americans start brushing their
621 teeth regularly?
622
623 **Dr. John Chao:** Why don't you make it simpler?
624
625 **Salvador Gaytan:** What, what? Joy tapped in.
626
627 **Joy Balino:** No, no, no, it's okay, go ahead Dr. Chao.
628
629 **Dr. John Chao:** [Crosstalk] make it easier for you.
630
631 **Joy Balino:** I actually should say about in the 70s, because I do hear
632 commercials about toothbrushes.
633
634 **Maria Navarro:** Because that's when she started brushing.
635
636 **Joy Balino:** No, I was [inaudible], just kidding.
637
638 **Salvador Gaytan:** Maria, I am sorry, but that is not right, I mean Joy. Maria, do you
639 want to chime in?
640
641 **Dr. John Chao:** Well, she has won already.
642
643 [Crosstalk]

644
645 **Salvador Gaytan:** Because this is a super bonus question, Maria has to answer.
646
647 **Maria Navarro:** I'm thinking the 90s?
648
649 **Salvador Gaytan:** Oh my God, Dr. John. Well, we're going to have them listen to the
650 show. Dr. John, what is the...?
651
652 **Dr. John Chao:** These are not historians, they were not born.
653
654 **Salvador Gaytan:** I know, but this is how under the cover this question is. I picked
655 hard questions.
656
657 **Dr. John Chao:** Yeah, well even the dental students didn't get that one right.
658 Remember when they came? And those are sharp guys, I'll tell
659 you.
660
661 **Salvador Gaytan:** That is right. Dr. John, shed some light on that question. When did
662 Americans start brushing their teeth regularly?
663
664 **Dr. John Chao:** Actually it started after World War II. So many GIs were in the
665 armed forces, that they just couldn't keep up with their dental
666 needs. You obviously cannot have a toothache while you're on the
667 front lines.
668
669 So, it was decided that they would force the GIs to brush their teeth
670 at least twice a day. They gave them toothbrushes, gave them
671 toothpastes, and so all these men developed this habit, even though
672 the women folks didn't have this habit yet.
673
674 So, when the GIs came home, they then enforced this habit on their
675 families. So, it was after World War II that -- and due to the
676 enlightenment of the men, then the women also chimed in on this.
677
678 **Salvador Gaytan:** Dr. John is kind of throwing this one [crosstalk].
679
680 **Dr. John Chao:** No, no, no, just kidding. But anyway, it began to take hold after
681 World War II. That's when it got really, really...
682
683 **Salvador Gaytan:** Ladies, we're coming down to the super bonus question. The
684 winner of this question is going to take home the bacon, is going to
685 take home the pride, the dignity. Who will be victorious, Joy and
686 Maria?
687
688 **Maria Navarro:** I will be.
689

690 **Salvador Gaytan:** Oh I know, Maria said that Joy, you were going down, let's see if
691 that happens. Okay, the question is this, where, what country --
692 two part question. If you get either part right, I'll consider it a
693 victory. What country was the first toothbrush invented in, and
694 about what year? They are thinking. Joy just got the -- just put
695 down.
696
697 **Joy Balino:** Dr. Chao is making a sign, in China?
698
699 **Salvador Gaytan:** Oh my God.
700
701 **Maria Navarro:** Cheater.
702
703 **Salvador Gaytan:** You're trying to give them the answer. He's trying to give them
704 the answer.
705
706 **Dr. John Chao:** What sign was I doing?
707
708 **Joy Balino:** Was it in China? You were going like this, or was it in Japan?
709
710 **Dr. John Chao:** [Crosstalk] to the audience what I was doing.
711
712 **Maria Navarro:** Slanted eyes.
713
714 **Dr. John Chao:** I had my fingers where?
715
716 **Joy Balino:** After I hear, I think corner of your eye, going up.
717
718 **Dr. John Chao:** By the eyes, and I was pushing my eyebrows up.
719
720 **Salvador Gaytan:** That's right, that's right, it is China. Take a stab of what year?
721
722 **Dr. John Chao:** What century?
723
724 **Salvador Gaytan:** Yeah, what century? I'll let you both answer, free of charge, no
725 penalty.
726
727 **Maria Navarro:** The Imperial?
728
729 **Salvador Gaytan:** Well, what century? Give me a year, like 2000, 1200, 1800?
730
731 **Maria Navarro:** I have no idea.
732
733 **Salvador Gaytan:** Take a guess, take a stab, it's a free answer, penalty free.
734
735 **Maria Navarro:** Dr. Chao, help us out.

736
737 **Joy Balino:** Give us something to [inaudible].
738
739 **Salvador Gaytan:** Just take a stab, what's your best guess, what's your best guess,
740 Joy? Bing, Bing, Bing, tell them what the answer is Dr. John?
741
742 **Dr. John Chao:** 1200.
743
744 **Salvador Gaytan:** 1200, and we have a tie ladies and gentlemen.
745
746 **Maria Navarro:** Oh my God.
747
748 **Salvador Gaytan:** So, you both walk away with your dignity, how about that?
749
750 **Dr. John Chao:** And two prizes from Sal.
751
752 **Salvador Gaytan:** Two prizes, I'm going to come up with two prizes for them,
753 because they were good sports, they chimed in, they battled hard.
754 Okay, Dr. John, we got to wrap it up here, what'd you think Dr.
755 John?
756
757 **Dr. John Chao:** Oh, it's a wonderful show, I really enjoyed it. Maria, what did you
758 think?
759
760 **Maria Navarro:** I loved it, looking forward to coming back.
761
762 **Dr. John Chao:** And Joy?
763
764 **Joy Balino:** I had fun.
765
766 **Maria Navarro:** And beating [inaudible].
767
768 **Joy Balino:** Hey, we're tied.
769
770 **Salvador Gaytan:** Yeah, well they're tied.
771
772 **Dr. John Chao:** There will be a rematch.
773
774 **Salvador Gaytan:** There will be a rematch ladies and gentlemen. We'll talk to you
775 next week.
776
777 **Dr. John Chao:** Bye.
778
779 [END OF AUDIO]